Church Reflection: Whatness

By Sarah Dixon Young

On the reservation where I live, there is a little town called Tokio.

It is funny when visitors ask, "Tokyo? Isn't that in Japan?"

Well, yes, and no. Tribal historian Louis Garcia once told me how Tokio got its name. The railroad was going to be coming through that area, but it was sparsely populated. The



Dakota people would travel nearby and ask the railroad workers, "Tokhiyothan?" which meant, "Where is it?" or "In what direction is it?"

The workers thought that the Dakota were telling them what that place was called, so the town became "Tokio," officially named, "Where is it?"

When the Israelites were wandering in a similar sparsely populated desert, they complained to God by asking the same question about expected, they saw a food.

The Lord told them that the next morning, they would be filled with bread. He hoped that His provision would prove to them that He was the Lord their God who could provide for them.

When they awoke in the morning, something was on the ground with the dew. Instead of the loaves of bread they had fine, flake-like substance

They said to one another, "What is it?" In Hebrew, they called it "the whatness."

The whatness was how God was going to provide for them. They simply had to follow His instructions. Gather enough for each person in your tent to eat for the day. Do not save it. No need for tupperware. Just trust God to pro-

vide exactly what you need for each day.

Some didn't listen. Perhaps they saw the whatness melting as the sun grew hot, and they panicked about not having enough to feed their children the next day. In any case, they disobeyed and tried to save it. It festered, sprouted worms, and stank.

On the sixth day, God provided what the

See YOUNG | 5A

Reflection: "Why Exalt the Cross?

by Fr. Bernie Pfau

Each year the Church has observed the feast of the Exaltation of the Holy Cross on September 14. This year on September 14, the Feast of the Holy Cross will be observed in many churches on this Sunday, otherwise observed as the 24th Sunday in Ordinary Time. This special feast, according to one tradition, observes the founding of the Lord's Cross in the year 320 by St. Helena, Mother of Emperor Constantine. This gives us the opportunity to reflect

on why the Cross has become so central to our Christian Faith. It should be a day of Exaltation and Celebration as we honor this central mystery of our Salvation.

The Cross has often been used in processions as a symbol of Christ leading the way and protecting the pilgrims from harm, weather it be a church procession or a pilgrimage to a holy site. Just as Moses lifted up the serpent on a tree to protect the people from further death in their camp, after committing



grave sin against God, so also Christians look upon the Cross of our Lord for the forgiveness of our sins. The Cross of our Lord, with or without the

image of his Body on it, has become a source of healing for all who repent of sins against the God of Israel and the Father of Jesus. Often the Cross has been embellished with flowers and decorated with colorful designs to give hope to those who gaze upon It.

The "Sign of the Cross" has become a familiar gesture of praise at prayer services or for individual devotion.

It as become a powerful weapon to ward off temptations and battle against Satanic forces.

We should always use this sacred gesture with reverence and prayerful consideration, whether in a prayerful setting or in a public place when dining out. The Sign of the Cross is a prayer of praise to the Holy Trinity that recalls our Baptism and dignity as a Child of God. It assures us of the presence of God as we are united to the suffering and the victory of Jesus over death. This Sign can be used many times each day and is one of the most powerful ways of

committing ourselves to

the Grace of God.

If interested in learning more about the Cross of Jesus and its place in today's world, consider attending a

class of instructions on the Catholic Faith being offered at St. Joseph's Parish to be held on Tues-

God bless you "In the the Son and of the Holy Spirit. Amen"

HURCH DIRECTOR Your Guide To Local Houses of Worship

ASSEMBLY OF GOD River of Life 1903 Hwy 20 **Devils Lake** 701-662-4582 www.riverlife.us Sunday: 10 a.m. worship

ASSUMPTION OF MARY **CATHOLIC CHURCH** Starkweather, N.D. 292-4301

Sunday: Mass: Rotating 8:30 & 10:30 a.m. with Munich Call 682 (Munich).

BDECAN PRESBYTERIAN CHURCH Tokio, N.D.

(2 miles south of Tokio, near Woodlake) 294-2283 www.bdecanpresbyterian-

church.org Worship: at 11 a.m., Sunday school kids K - 5 grade during worship, potluck meal after

BETHEL EVANGELICAL FREE **CHURCH** 1312 East Walnut St. **Devils Lake 662-3758** www.bethelfree.com

> **CHRIST THE KING CATHOLIC CHURCH** Tokio

Sunday worship: 9:30 a.m.

Saturday: 7 p.m. Mass all year round.

CHURCH OF GOD (SEVENTH DAY) 607 Fifth St. S.E. **Devils Lake** Saturday: 2 p.m.

CHURCH OF JESUS CHRIST OF LATTER DAY SAINTS 20th

& Lincoln Ave. Devils Lake Sunday: 10 a.m. Sacrament at 11 a.m.

DAKOTA West Highway 57 766-4516

DAKOTA OYATE LUTHERAN CHURCH 294-2361 Tokio, N.D.

EPISCOPAL CHURCH OF THE **ADVENT** Sixth Street and

11 a.m. Morning prayer 1st, 2nd, 3rd Sundays Holy Eucharist- 4th Sunday

METHODIST CHURCH 601 Fifth St. NE Devils Lake Sunday 9:30 a.m. worship

701-230-1332 Sunday: 10:30am and 6 p.m.

Sunday worship: 9:30 a.m. **HIGH PLAINS MINISTRY**

> LAKOTA LUTHERAN CHURCH LAKOTA, ND 247-2777

St.

BAPTIST CHURCH Fort Totten Church -

Sunday: 11 a.m. worship.

11 a.m. worship

Fifth Avenue Devils Lake

FIRST UNITED

GRACE BAPTIST CHURCH 311 5th Ave. NE Devils Lake

Lakota Missouri Synod

GRACE LUTHERAN CHURCH

Nekoma, Lawton, Concordia, and Our Redeemer's

Sundays: 10 a.m.

LIGHTHOUSE ASSEMBLY OF GOD Fort Totten, N.D. 701-766-4826 Sunday 10:30 a.m.

MORNING STAR PARISH 701-262-4714

www.morningstarparish.com Worship services at 8 a.m., 9:30 a.m. and 11 a.m. rotating: American, Pekin, Warwick, Sigdal and Sheyenne Lutheran

NEW LIFE FELLOWSHIP North Junction of Hwy. 15 & 20 **Rural Hamar** 262-4470 Sunday: 10:30 a.m.

worship service

OUR SAVIOR'S LUTHERAN CHURCH, ELCA 612 14th Ave. NE Devils Lake, N.D.

662-5112 Sunday: 10 a.m. Service Wednesday: 6 p.m. Service

PEACE LUTHERAN CHURCH (NALC) 1700 Fifth Ave. NE PO Box 1041 Devils Lake, N.D. 662-3565 Worship Sunday 9:30 a.m.

ST. BONIFACE CATHOLIC CHURCH Esmond, N.D. 249-8360

Tuesday-Saturday: Weekday Mass at 9 a.m. Saturday: 5 p.m. Mass. Sunday: 8:30 a.m. Mass.

ST. JEROME'S CATHOLIC CHURCH Crow Hill District Hwy. #57, One mile N. Saturday: Mass 5 p.m.

ST. JOSEPH'S **CATHOLIC CHURCH 515** Fourth St.

Devils Lake 662-7558 Monday -Friday at 12:00pm Tuesday at 10:00am at Odd Fellows Wednesday at 10:00am at

Eventide Friday at 9:30am at St. Joseph School Saturday at 8:30am & 5:00pm Sunday at 7:30am, 9:00am & 11:00am

ST. MICHAEL CATHOLIC CHURCH St. Michael, ND 58370 766-4151 Sunday Mass: 8 a.m. and

9:30 a.m. ST. OLAF LUTHERAN CHURCH, ELCA

601 6th St. NE Devils Lake, ND 662-4911 9:30 a.m. Worship (September - May)

Summer: 8:30 a.m. at Retreat Center 11 a.m. at St. Olaf (June - August)

ST. PETER'S **LUTHERAN CHURCH** 7th St. & 7th Ave. 662-2245

Devils Lake Missouri Synod Worship: 11 a.m. Dial-a-Devotion: 662-3158.

ST. THOMAS **EPISCOPAL CHURCH** Fort Totten, N.D. 11 a.m. Holy Eucharist 1st, 2nd,

3rd and 5th Sundays, 4th Sunday - Morning Prayer

day evenings

at the Parish Center. Call Carla at 662-7558, or email her at carla. mckelvey@st.josephdlnd.

Name of the Father and of

CATHOLIC CHURCH Maddock, N.D. 438-2668 Wednesday: 7 p.m. Mass. Sunday: 10:30 a.m. Mass. Mass at

5 p.m. on the first Friday of the month. SEVEN DOLORS

CATHOLIC CHURCH Fort Totten 766-4314 Sunday: 11 a.m. Mass. Daily Mass: 7 a.m.

ST. WILLIAMS

TRINITY-BERGEN AFLC LU-THERAN CHURCH PO Box 46 Starkweather Sunday - 10:30 a.m. Holy

Communion every Sunday WEBSTER CHAPEL

Webster, N.D. Worship is at 9 a.m. the 2nd, 3rd and 4th Sundays.

WESTMINSTER PRESBYTERIAN CHURCH 501 Fifth St. NE Devils Lake, 662-3584 Sunday worship 11:00 a.m.

ZOAR FREE LUTHERAN Hampden, North Dakota Pastor Craig Wentzel May through August Worship Sundays 9 a.m.

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-Glibertson Funeral Home Hwy2West

First United Bank

323 5th St NE,662-4024

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Devils Lake Journal, 155-940 is published Tuesday and Thursday at 516 4th Street NE, Devils Lake, ND 58301

> Periodicals postage paid at Devils Lake, ND 58301

Postmaster: Send address changes to: Devils Lake Journal, 516 4th Street NE, Devils Lake, ND 58301



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