

# Registration Open For 2026 Field to Fork Webinar Series

North Dakota State University Extension will again host the Field to Fork webinar series starting in February 2026.

Experts from across the region will provide information about growing, preserving and preparing specialty-crop fruits and vegetables safely in this 11th annual webinar series.

The Field to Fork Wednesday webinars will begin Feb. 11. The webinars will be held online from 2 to 3 p.m. CDT through April 15. The webinars are archived for later viewing, but participating in the live webinar allows participants to interact with the presenter.

The webinars are free of charge, but registration is required. Register at [ag.ndsu.edu/fieldtofork](http://ag.ndsu.edu/fieldtofork). The webinars will be held on Zoom. Participants will receive reminders and a link to participate, along with a link to the recording if they are unable to attend.

Julie Garden-Robinson, NDSU Extension food and nutrition specialist, says that when the first Field to Fork webinar series started 11 years ago, online webinars were still relatively new. Now the series reaches thousands of people annually, both live and through the recordings.

Topics that will be covered:

Feb. 11: Planting techniques make all the difference: From tomatoes to apple trees – Don Kinzler, NDSU Extension horticulture agent

Feb. 18: New and promising vegetable varieties for 2026 – Tom Kalb, NDSU Extension area horticulture specialist

Feb. 25: The prepared consumer: From grocery aisle to emergency plan – Cindy Brison, University of Nebraska Extension educator

March 4: Food preservation all year - Fruit leathers, apple chips, jerky and more! – Julie Garden-Robinson, NDSU

# Dakota Gardner: Winter Insulation

By Carrie Knutson, Horticulture agent

NDSU Extension – Grand Forks County

Winter so far has been a rollercoaster of weather, with snowy and cold conditions in early December, followed by 40-degree Fahrenheit temperatures, the loss of snow cover, a return of snow, strong winds and then a repeat of the cycle. As a gardener, I've learned to appreciate snow cover during the winter, even when it means extra shoveling, because it plays an important role in protecting our plants.

How does snow protect plants during the winter? The answer lies below ground, in the roots and soil, and in the steps that we can take to help plants survive cold conditions.

Plants with shallow root systems are more susceptible to winter injury than those with deeper roots. Much of this damage occurs during cycles of thawing and freezing known as frost heaving. These cycles cause cracks to form in the soil, allowing cold air to penetrate and lower the soil's temperature. In some cases, roots are pushed closer to the soil surface, where they are exposed to extreme cold. Roots can be injured or killed when soil temperatures drop below 10 degrees.

Snow cover acts as an excellent insulator. It traps heat, helps the soil retain moisture and limits how deeply the frost penetrates the ground. Early snow cover is especially beneficial because it helps the soil hold warmth and moisture before the coldest temperatures arrive.

Even in winter, soil temperatures are typically warmer than the air above ground. For example, according to the

Extension food and nutrition specialist and professor

March 11: Debunking common vegetable gardening myths – Esther McGinnis, NDSU Extension horticulturist and associate professor

March 18: To sous vide or not sous vide: Safety of long-term, low-temperature cooking for vegetables – Bryon Chaves, Rutgers University (New Jersey) associate professor

March 25: Roots, fruits, and shoots: Edible plant parts – Susie Thompson, NDSU Department of Plant Sciences associate professor and potato breeder

April 1: Safe home canning: Start with the recipe, finish with confidence – Karen Blakeslee, Kansas State University Extension associate

April 8: Safer solutions: Natural insecticides to manage garden insects – Janet Knodel, NDSU professor and entomologist

April 15: Does soil health make a difference in producing healthy food? – Carlos Pires, NDSU Extension soil health specialist and assistant professor

"Our Field to Fork website has a wealth of information from growing, preparing and preserving foods from apples to zucchini, plus all the archived Field to Fork webinars from 2016 to present," says Garden-Robinson, NDSU Extension food and nutrition specialist and coordinator of the program.

This project is made possible with funding from the U.S. Department of Agriculture's Agricultural Marketing Service.

To register, visit NDSU Extension's website at [ag.ndsu.edu/fieldtofork](http://ag.ndsu.edu/fieldtofork) or contact Garden-Robinson at 701-231-7187 or [julie.garden-robinson@ndsu.edu](mailto:julie.garden-robinson@ndsu.edu).

Submitted by Julie Garden-Robinson

OAKES GOOD SAMARITAN NURSING DEPARTMENT

NURSING STAFF: full time RN night time/day nurse with \$20K sign on bonus and full time LPN nights for \$15K bonus.

Call 701-742-3274 for more information

# Dickey County Court Report

Tschetter, Darius Jacob, PO Box 268

TR-Speeding (6-10 mph over), Plea Guilty 01/06/2026

Gonzalez-Hernandez, Salvadore, Commerce City, CO, TR-Speeding (11-15 mph over), Plea Guilty 01/09/2026

Redlinger Bros Plumbing & Heating, Watertown, SD, Failure To Remove Vehicle During Snow Removal (City), Degree: No Level, Plea Guilty 01/08/2026

Wallace, Greg Allen, Ellendale, ND, Failure To Remove Vehicle During Snow

Removal (City), Degree: No Level, Plea Guilty 01/08/2026

Witt, Haren K, LaMoore, ND, Offense 1: TR-Speeding (6-10 mph over), Plea Guilty 01/07/2026, Offense 2: TR-Driving without liability insurance-Driver, Disposition Dismissed 01/08/2026

Singh, Karanbir, 615 Windross Cres NW, Driving CMV with improper class or endorsement, Disposition Dismissed 01/09/2026

Narum, Asher William, LaMoore, ND, TR-Exhibition driving, Plea Guilty 01/08/2026

# The Notable Events in The Life of MLK Jr.

Dr. Martin Luther King, Jr. dreamt of breaking down barriers and ending discrimination based on skin color, religion, personal beliefs, and much more. Indeed, Dr. King was a visionary and a leader whose life was tragically cut short before he could see the many fruits of his labor.

Dr. King was a strong proponent of change, and his impact was felt from the mid-1950s until his assassination in 1968. Here is a chronology of major events in Dr. King's life.

January 15, 1929: Martin Luther King, Jr. is born to the Reverend and Mrs. Martin Luther King, Sr. in Atlanta, Georgia.

September 20, 1944: After graduating from Booker T. Washington High School a few months earlier, King begins his freshman year at Morehouse College in Atlanta. King graduates from the college in 1948 with a degree in sociology.

February 25, 1948: After time spent in Crozer Theological Seminary, King is ordained to the Baptist ministry at the age of 19.

September 13, 1951: King begins graduate studies in theology at Boston University.

June 18, 1953: Coretta Scott and King are married at the Scott home near Marion, Alabama.

September 1, 1954: King begins his pastorate at Dexter Avenue Baptist Church in Montgomery, Alabama.

June 5, 1955: Boston University awards King a doctorate in systematic theology.

December 1, 1955: Rosa Parks is arrested for refusing to give up her seat on a public bus to a white passenger. A few days later, the Montgomery Improvement Association is formed to lead a boycott of the segregated buses and King becomes the group's president.

January 30, 1956: King's home is bombed while he is away at a speaking engagement. Later, he addresses an angry crowd that gathers outside his home, asking for nonviolence.

November 13, 1956: The U.S. Supreme Court declares bus segregation laws unconstitutional.

February 17, 1957: King appears on the cover of Time magazine.

May 17, 1957: King delivers his first national address at the Lincoln Memorial in Washington, D.C.

1958: The U.S. Congress passes the first Civil Rights Act since reconstruction.

September 17, 1958: King publishes a book, Stride Toward Freedom: The Montgomery Story. During a book signing a few days later

in Harlem, New York, King is stabbed by Izola Ware Curry and rushed to Harlem Hospital.

February 3, 1959: King embarks on a visit to India to meet with many of Gandhi's followers and study the philosophy of nonviolence.

1960: With his family, King relocates back to his native Atlanta and becomes co-pastor of the Ebenezer Baptist Church. King devotes most of his time to the Southern Christian Leadership Conference, a group he and other activists established in 1957.

June 23, 1960: John F. Kennedy, the Democratic presidential candidate, meets privately with King in New York.

October 19, 1960: King is arrested during a sit-in demonstration at a department store in Atlanta.

October 16, 1961: King urges President John F. Kennedy to issue a second Emancipation Proclamation to end racial segregation.

September 28, 1962: A member of the American Nazi Party assaults King during a closing session of the SCLC in Birmingham, Alabama.

April 12, 1963: King and Ralph Abernathy are arrested in Birmingham. King pens his "Letter from Birmingham Jail" four days later.

June 23, 1963: King leads 125,000 people on a Freedom Walk in Detroit, Michigan.

August 28, 1963: The March on Washington for Jobs and Freedom takes place, attracting more than 200,000 demonstrators at the Lincoln Memorial. Here King delivers his "I Have a Dream" speech. Later in the day, King and other civil rights leaders meet with President Kennedy in the White House.

January 18, 1964: President Lyndon B. Johnson meets with King and seeks support for his War on Poverty initiative.

March 26, 1964: King meets Malcom X in Washington, D.C. This was their first and only meeting.

December 10, 1964: King receives the Nobel Peace Prize in Oslo, Norway.

August 12, 1965: King publicly opposes the Vietnam War at a rally in Birmingham.

March 28, 1968: During a march of 6,000 protestors in support of striking sanitation workers in Memphis, King is rushed from the scene after violence and looting begins.

April 3, 1968: King delivers his last speech, "I've Been to the Mountaintop," in Memphis.

April 4, 1968: King is fatally shot while standing on a balcony at the Lorraine Hotel.

November 2, 1986: A national holiday is proclaimed in King's honor.

Public Notices

www.ndpublicnotices.com

City of Ludden Council Meeting

January 8th, 2026 7:00PM

Mayor M. German called the meeting to order.

Pledge of Allegiance.

E. German read minutes from December 11th, 2025 M.Young made a motion to accept minutes as read. D.Anderson 2nd motion. Carried

E. German read financials. M.Young made a motion to accept financials. D.Anderson 2nd motion. Carried.

Check #1397 \$30.36

Check #1398 \$1500.00

Check #1399 \$100.00

Check #1400 \$15.00

Check #1403 \$15.00

Check #1404 \$50.00

Check #1405 \$150.00

Check #1407 \$352.00

Check #1409 \$57.04

Old Business:

Discussion on water shut off valves

Send out communication to rural water users

New Business:

Discussion on pump house repairs.

M. Young made a motion to have a \$10.00 late fee assessed to utility bills. D. Anderson 2nd motion. Carried.

M. Young made a motion to pay D. Anderson \$150.00 for mowing city lots in 2026. M German 2nd motion. Carried

There being no further business

M.Young made a motion to adjourn the meeting. D.Anderson 2nd motion. Carried.

Next Meeting February 12th, 2026

7:00PM at The Ludden Community Center. Respectfully Submitted, Erica German- City Auditor

(Submitted to the Times Leader 1/22/2026)

NOTICE TO CREDITORS

IN THE DISTRICT COURT OF DICKEY, STATE OF NORTH DAKOTA

Probate No.: 11-2025-PR-00031

In the Matter of the Estate of KEITH BYMERS, Deceased.

NOTICE IS HEREBY GIVEN that the undersigned has been appointed personal representative of the above estate. All persons having claims against the said deceased are required to present their claims within three months after the date of the first publication of this notice or said claims will be forever barred. Claims must either be presented to Cristina Bymers, personal representative of the estate, 124 North 8th St., Oakes, ND 58484, or filed with the Court.

Dated this 23rd day of December, 2025.

Cristina Bymers

124 North 8th St

Oakes, ND 58484

Fallon M. Kelly

JONES and KELLY, ATTORNEYS AT LAW, P.C.

P. O. Box 391

Lisbon, ND 58054-0391

Telephone: 701/683-4123

Email: [fkelly@drtel.net](mailto:fkelly@drtel.net)

(January 8, 15 & 22, 2026)

# Guelph News By Rose Sell

Congratulations to our own Levi Thorpe who has successfully achieved the rank of Eagle Scout! His service project was at the Ludden Cemetery where he, with the help of family, straightened and leveled the headstones. This was a major undertaking involving 70 stones saving the cemetery board \$10-15,000.

After watching Zoey's Basketball game on Sunday Larry & Jeanne went to Glenwood, MN to visit with Bob & Lucy Bymers who had just celebrated their 71st Anniversary! If anyone would like to send them greetings, please feel free. Their address is: Bob & Lucy Bymers, Parkview Court, 300 8th Ave SE, Glenwood, MN 56334.

Robyn, Zoey & Zade Maley joined the Thorpe's who were part of the cheering section at the Central Cass Invitational

Wrestling Tournament cheering on Levi and the Oakes wrestlers. Then, continuing 'Cousin's Day' Robyn and children motored to Jamestown where Beau & Jack Thorpe were playing basketball in the Jamestown Shoot-Out.

As the 'elves' have been busily working away at Off The Shuelph, they've had some reinforcements lately which were totally appreciated. If anyone is interested in coming to Guelph on Tuesdays and/or Wednesdays between 10-2PM. You will have a wide choice to creative tasks to choose from. You can be in the thick of the babbling or you could do you creativity in solitude.

THOUGHT FOR THE WEEK: "Always remember people who have helped you along the way, and don't forget to lift someone up," - Roy T Bennett

# Notable Firsts for Black Americans

The United States is shaped by the diverse population that calls the nation home. Black individuals are among the extraordinary contributors to the national fabric, and many have blazed trails, benefitting countless others as a result. Future generations may owe their opportunities to these pioneering individuals who have elicited change and opportunity. The following are some noteworthy Black Americans who made a lasting impact on the United States and even the globe.

- Jackie Robinson: Sports fans can attest that the most universally recognized barrier broken in American sports occurred on April 15, 1947. That was when Jackie Robinson took to the baseball diamond to play for the Brooklyn Dodgers. Robinson was the first Black athlete to participate in Major League Baseball in the modern era, during a time when Black players typically were restricted to the Negro Leagues. The National Baseball Hall of Fame and Museum says that Robinson was a central figure in the civil rights movement both on the diamond and beyond.
- Shirley Chisholm: Elected to the U.S. Congress in 1968, Shirley Chisholm was the first Black woman to serve in such a role. She represented New York's twelfth congressional district, and four years later, threw her hat into the national arena. Chisholm was the first woman to seek the nomination for President of the United States from a major party. Residents of Brooklyn can visit Shirley Chisholm State Park, which abuts the Belt Parkway and Pennsylvania Avenue.
- Hattie McDaniel: An accomplished actress, Hattie McDaniel was the first Black

person to win an Academy Award, earning it for Best Supporting Actress in 1940 for her role as "Mammy" in "Gone With the Wind." Despite this groundbreaking achievement for a Black artist, she was not allowed to sit with her white castmates during the ceremony. McDaniel paved the way for Sidney Poitier, who won the award for Best Actor in 1964, and later Halle Berry, who won Best Actress in 2002.

- Benjamin O. Davis, Sr.: On October 25, 1940, Davis was promoted to Brigadier General, becoming the first Black American General Officer in the U.S. Army. The U.S. Army Center of Military History says his promotion occurred just before the U.S. entered World War Two, and was a significant step toward racial integration in the armed forces. Davis' son, Benjamin O. Davis, Jr., commanded the Tuskegee Airmen, the first Black American military pilots.
- Barack Obama: Forty-three white men preceeded Barack Obama in holding the highest office in the country as President of the United States of America. Obama was inaugurated as the forty-fourth president on January 20, 2009, and remained in office until 2017. He was the first Black man to become president, defeating Senator John McCain, and later, Massachusetts Governor Mitt Romney. Obama's historic terms may have set the course for the vice presidency of Kamala Harris, who became the first Black American and first Asian American vice president in 2021.

Many Black individuals have helped to shape the United States, setting an example Americans from all backgrounds can follow.