



Tentative 2026 season openings

The ND Game and Fish Department annually provides its best estimate for opening dates to help hunters prepare for hunting seasons. Hunters should note the opening date for the regular waterfowl season is still under discussion.

Dates become official when approved by governor's proclamation. Tentative opening dates for 2026 include:

- Dove -- September 1
- Deer and pronghorn bow, mountain lion -- September 4
- Sharptail, hun, ruffed grouse, squirrel -- September 12
- Youth deer -- September 18
- Youth waterfowl -- September 19
- Early resident waterfowl -- September 26
- Pronghorn gun -- October 2
- Youth pheasant -- October 3
- Regular waterfowl -- to be determined
- Pheasant, fall turkey -- October 10
- Mink, muskrat, weasel trapping -- October 24
- Deer gun -- November 6
- Deer muzzleloader -- November 27

Sudoku answers

1	2	4	8	3	6	7	9	5
7	8	3	5	9	4	1	2	6
6	5	9	7	1	2	8	4	3
2	3	1	9	6	8	4	5	7
5	6	8	3	4	7	9	1	2
4	9	7	1	2	5	3	6	8
4	9	1	6	2	7	3	8	5
3	4	5	6	8	9	2	7	1
8	7	2	4	5	1	6	3	9

C O A C H H B V H D P N B H E E L F O N
 N B M G Y Q I Q E P O E M I T R E V O Y
 L O V S H P G F A I T O P G H U P L A L
 P E P T T F E U T D D O D L A G I V Q M
 E S A V E N S I Q A G G L M A G H L S H
 O N H G S D T C E T E D F I L G S Q I I
 P P D E U E T T O P G D O F F E N S E R
 D A T U P E V N T R Y M N A L S O Y E M
 V F T M R R R O E O E R C R H T I M T Y
 S N O N T A S N F N U B Y V G I P U A L
 H C U D G L N A U D O R O B D L M Q M T
 A V N U L F R C I R E P N A A M A I M R
 L Q O I H P U E E Q H M P A R C H O A O
 F G R N L Y T F U B S T O O M D C N E P
 T D O V O E E I F G F V S N C E U M T H
 I T S F L R P V I C T O R Y I G N V G Y
 M A R H E M F I T N E S S B F S P T O O
 E U T E E A V G N I N I A R T U R I C A
 B A I N R S T A D I U M V L E N L Q T T
 R C T Y H I R O S T E R D A V I A C E C

Common seasonal allergy triggers

Seasonal allergies affect a significant percentage of the global population.

According to the National Oceanic and Atmospheric Administration, as much as 30 percent of the global population is affected by seasonal allergies, which can be marked by uncomfortable and disruptive symptoms such as sneezing, itchy and/or watery eyes, a runny or stuffy nose, and irritation of the throat. As uncomfortable and disruptive as seasonal allergies can be, they are often manageable with over-the-counter (OTC) medications like Zyrtec®. According to the Cleveland Clinic, medications like Zyrtec® work by blocking histamine, a substance the body releases during an allergic reaction.

Seasonal allergy sufferers are urged to speak with their physicians and visit an allergist prior to taking any new medications, including OTC options. It also can help to identify seasonal allergy triggers.

While people tend to associate seasonal allergies with spring and early summer, the makers of Zyrtec® note that seasonal allergies can affect people throughout the year. Triggers vary by season, and some overlap the seasons. Recognition of common seasonal allergy triggers can be an important step in combatting the unpleasant and often disruptive side effects of flare-ups.

Spring
 The makers of Zyrtec® note that tree pollen, grass pollen and weed pollen are common seasonal allergy triggers in spring.

Tree pollen is the first seasonal allergy trigger to emerge in spring, but grass pollen and weed pollen are additional springtime triggers.

Seasonal allergy sufferers are urged to monitor daily pollen counts, including tree pollen counts, and avoid going outside

on particularly windy spring days.

Summer
 Grass pollen is a significant seasonal allergy trigger in summer. Fungus spores and mold also can trigger seasonal allergies in spring, as the makers of Zyrtec® note that hot and humid weather creates an ideal environment for mold to grow. The Asthma and Allergy Foundation of America (AAFA) notes that fungus spores tend to grow on grasses, grains, logs, and compost piles from July through early fall.

To reduce the risk of a seasonal allergy attack in summer, avoid mowing the lawn on days when you plan to entertain outside or relax outdoors, as mowing spreads grass pollen around, increasing the risk of a reaction.

Fall
 Weed pollen, mold and dust are seasonal allergy triggers that emerge in fall. Ragweed can grow anywhere and the AAFA notes it can travel for miles in the windy conditions of fall. Mold also can develop on wet soil and fallen leaves, while turning on heating systems on chilly fall days can send dust mites into the air. Keeping windows and doors shut in fall can ensure seasonal allergy triggers don't get inside.

Winter
 Weed pollen, mold and dust also are the most common triggers of seasonal allergies in winter. Increased exposure to indoor air allergens, including pets and Christmas trees, also can be risky in winter, as people and pets spend more time indoors when the weather cools than they do at other times of year. Frequent vacuuming and indoor air cleansers that employ high-efficiency particulate air (HEPA) filters can help people combat wintertime seasonal allergy triggers.

-metrocreativeconnection



Road trip planning pointers

Travelers take to the open road for any number of reasons. When traveling on a summer vacation, families may find it's more affordable to travel by car than to pay for airline tickets for parents and kids. Others take driving vacations because they afford more freedom to move at one's own pace than air or train travel.

Whatever it is that motivates drivers to hit the open road, there's no denying such trips are more enjoyable when drivers make an effort to plan ahead. With that in mind, travelers can keep these road trip planning pointers in mind.

Choose a nearby destination. Driving to a faraway place may conjure romanticized visions of scenic roadways and heartwarming roadside cafés, but that may only appeal to drivers like retirees who have all the time in the world to get from point A to point B. Family travel is often dictated by how long parents can get away from the office, and in such instances shorter tips make more sense than spending days in the car. In addition, driving tends to be the more economical option when travelers are only going short distances. Parents may think driving to a destination that's a couple of days away from home by car is more economical than flying, but it's best to crunch the numbers first. The cost of hotels, meals and gas to get there and back may negate the cost savings of driving over flying.

Develop an itinerary. A trip itinerary does not have to be strictly followed, but it can provide some structure and help ensure drivers get to spend as much time at their desired destination as possible. Identify sights to see and restaurants to visit along the way, which can provide a welcome respite from sitting in the car. Do your best to stick to an itinerary that keeps the car moving toward your ultimate destination.

Read the room. Who's going to be in the car also merits ample consideration when planning a road trip. Parents know that young children will need to be accommodated with some in-trip entertainment to make any lengthy road trip more enjoyable for all. But adults also may require some extra creature comforts and accommodations. For example, seniors about to embark on a road trip can identify pitstops along the way where they can use the restroom and even stretch their legs. And if the family pet is coming along, periodic pitstops for Fido to stretch his legs and burn off some energy will be necessary as well.

Ensure you have support. Many automotive insurance providers offer roadside assistance to policy holders. Such plans are generally affordable and can provide a safety net for drivers taking road trips. They can be especially helpful when visiting remote locales. If an insurance provider does not offer a desirable roadside assistance plan, consider a membership in an automotive club like AAA.

-metrocreativeconnection

MINUTES OF REGULAR MEETING MICHIGAN CITY COUNCIL March 9, 2026 - 5 p.m.

Members present: Lauri Rysavy, Dan Reineke, Brandon Lulay, Jay Gilbertson via Teams. Members absent: Nathan Flom. Others present: Scott Gilbertson and Jason Flom.

Mayor Rysavy called the meeting to order.

No community members were present.

Mayor Rysavy called for presentation of the last council meeting minutes. Jay Gilbertson made a motion to approve as written. Brandon Lulay seconded the motion. Motion carried by roll call vote.

Monthly bills were presented:
 First United Bank \$1,704.93
 Brager 2,000.25
 Otter Tail 2,324.92
 Nodak 95.00
 Polar 189.12
 NCSO 1,315.00
 Card Member 759.43
 Lakota American 1,211.34
 Verizon 41.53
 Hamster Oil 422.29
 MHF 7.75
 GF Utility Billing 26.00
 Total \$10,097.56

Jay Gilbertson made a motion to accept and pay bills listed. Dan Reineke seconded the motion. Motion passed by roll call vote.

Superintendent Report by Scott Gilbertson --
 Water loss was at a normal level. Snow removal was discussed. Lights being changed over to LED at the Civic Center is complete.

Presented cost to have a kit ordered for the plow truck blade to be repaired. Council instructed to wait until spring when the snow is gone to call for a quote on the kit. Superintendent Gilbertson stated that it is fine to wait until the season is over.

Auditor Report by Jason Flom --
 Past-due water bills were discussed. Those on the list have been contacted and have set up plans to catch up. We have one that is shut off. Discussion was held.

Property, sales tax, state revenue sharing amounts collected were presented. An update on debt city has, has been updated, and monies in CDs and savings were gone over.

Balance sheet presented. Information on tax abatement was given to council to review before next meeting. Michelle Linstad, city assessor, will be at our April meeting.

Old Business --
 Election: City has two council, one mayor and three park board positions that will be up for election. Interested parties should contact the city auditor for paperwork. All paperwork is due by April 6 at 4 p.m. to the city office.

Policy on meeting decorum and citizen comments were discussed. Council instructed auditor to write the policy with changes and will look at final draft at next meeting.

New Business --
 Dan Reineke brought up the hole that goes under the ground in the water tower building being opened. Superintendent Gilbertson reported that he has closed the door on it. It will remain closed unless work is being done down there.

Summer help was discussed. Tegen Dahlen will be contacted to see if he is returning. Wages were discussed. Tegen has worked for the past two summers and had not had a raise. Brandon Lulay made a motion to give \$15 an hour. Jay Gilbertson seconded the motion. Motion carried by roll call vote.

Mayor Rysavy stated she was contacted by Maria Vasichuk that she would be bringing a tree service to do some work for her in late April and wondering if there was anything city needed. Council will have the tree committee take a drive around and give us a list. Mayor Rysavy will contact the tree service coming with items city will need to have trimmed.

Next meeting is April 13, 2026 at 5 p.m. We will begin with tax equalization meeting.

Jay Gilbertson made a motion to adjourn the meeting. Brandon Lulay seconded the motion. Motion carried. Respectfully submitted,

Jason M. Flom
 Auditor
 Amendment: Monday, April 13, 2026 at 5:25 p.m. Jay Gilbertson made a motion to accept the minutes as presented. Nathan Flom seconded the motion. Motion carried per roll call vote.

Larsgaard Wool Mill

3rd annual Alpaca Shearing
 May 18th starting at 7:30 am

If you would like to have your animal(s) sheared, please contact Judy Larsgaard at 701-789-0100 to reserve a spot.

Larsgaard Wool Mill is located at 837 46th St NE, Northwood, ND
 The email address is judylarsgaard@gmail.com
 Please contact us with any questions that you may have.

WEBSTER, ND
701-395-4362

SEED COMPANY
 AGRONOMY. ANSWERS. YIELD.

SPRING IS HERE!
 We still have a good selection of:
▶ WHEAT ▶ CANOLA ▶ SOYBEANS
 We have a fair supply of Hefty 40 Series Corn
PLANT EARLY - IN 40° TEMP
 We also have pre-plant & pre-emerge chemicals available
 Good supply of seed treatments available.

We deliver to the farm

Shawn Knudson 701-351-9004
 Josh Thompson 701-381-9116
 Gage Jelinek 701-230-7952

Call us for availability & pricing on chemicals

Your Total Service Center

- Truck Repair • Trucks & Auto Parts
- On The Farm Tire Repair
- Truck & Trailer Alignments

Dahl Truck & Auto Center
 Hwy 1 South Langdon, ND
701-256-3930

Areas Largest Heavy Duty Truck/Parts Center

brunch peruse the menu of each establishment under consideration, particularly if you're looking at places the family has never patronized in the past. But it's also important if you're visiting one of Mom's favorite haunts, as many establishments offer special prix fixe menus on Mother's Day that do not necessarily feature the same dishes that are available the rest of the year. Peruse the menu to ensure there's something on there Mom will love. It's also important that families with young children confirm if a Mother's Day brunch menu will include dishes for youngsters. Mom's big day should be stress-free, but struggling to find something to eat for hungry youngsters to eat is sure to cause some anxiety.

Leave plenty of time to get there. As noted, Mother's Day is an especially busy day for restaurants, some of which may not hold reservations for long if guests do not arrive on time. It's common practice to hold a reservation for up to 15 minutes, but that's not necessarily a guarantee on a day as busy as Mother's Day. Restaurants may be less amenable to holding reservations on a day like Mother's Day that attracts lots of walk-in guests. To avoid missing out, be sure to leave plenty of time to arrive at the restaurant on time.

Emphasize a fun afternoon out. Many restaurants are still confronting staffing shortages that started years ago. That can increase wait times for tables and meals on particularly busy days like Mother's Day. Families are urged to focus on fun and avoid dwelling on issues like long waits for tables and food. Mom is more likely to have a fun and memorable day if families focus on fun instead of any inconveniences that might arise while out on the town.

-metrocreativeconnection

Sometimes the answers are right here in Nelson County.

Kris Moen
 kmoen@nodakins.com

Cole Lamb
 clamb@nodakins.com

Insurance answers should come easily from local agents you know and trust. Someone down the road, not across the country. It's why we're focused on autos, homes and farms right here in our community

Nodak Insurance Company
 207 Main St. N. - Lakota • 701-247-2915

nodakins.com

Student Art Exhibition

April 29 - 30

10 a.m. - 3 p.m. (each day) | Nelson County Arts Building | Pekin, ND
 A judged show featuring works of students in grades 7 - 12. Judged by Deb Carlson

PARTICIPATING SCHOOLS

- Dakota Prairie
- Lakota
- Midkota

Open to the public.

THIS PROJECT IS SUPPORTED IN PART BY A GRANT FROM THE NORTH DAKOTA COUNCIL ON THE ARTS, WHICH RECEIVES FUNDING FROM THE STATE LEGISLATURE AND THE NATIONAL ENDOWMENT FOR THE ARTS.

More information: ncac@gondtc.com
 Barry @ 701-740-1555