

PUBLIC NOTICE

City of Valley City
November 2024 Expenditures
DACOTAH BANK 2,441.37 MDU
378.13 BANK OF ND 42,914.26 VALLEY CITY PUBLIC WORKS 2,644.33

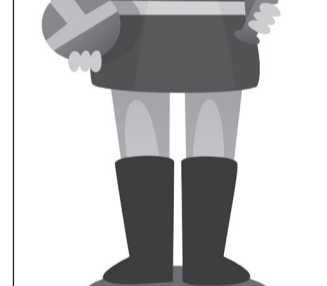
ment of adding 8D- School Facility
Advisory Committee
-Second: Bergan seconded the motion
-The board approved the agenda as set

Président /s/ Sherri Horsager
Business Manager /s/ Jackie Cordie
Date: 12/18/24
(December 27, 2024)
November, 2024 Expenses
AARON HECK \$187.75 ND CENTER FOR DISTANCE EDUCATION \$5,108.00

CITY OF VALLEY CITY
SALE OF REAL PROPERTY
PLEASE TAKE NOTICE that the City of Valley City owns the following described Lots:
Lot Five (5) (Parcel # 63-0880135) and Lot Seven (7) (Parcel # 63-0880153) in Block Three (3), of Crestwood Addition to the City of Valley City, Barnes County, North Dakota

BARNES COUNTY NORTH SCHOOL DISTRICT 007
SPECIAL ELECTION NOTICE
2184 101ST AVE SE, WIMBLEDON, ND
January 29, 2025
Barnes County North School District 007 will hold a special school board election on Wednesday, January 29, 2025.

(December 27, 2024)
CITY OF VALLEY CITY
NOTICE OF PUBLIC SALE OF PROPERTY
NOTICE IS HEREBY GIVEN that the City of Valley City will offer the following property for sale at a public auction.



M State PR - Metro College Alliance Signing Event



Submitted photo
Student speaker Carley Berg at the podium speaking at the event with (seated, left to right) Tri-College Provost Tim Flakoll, M State President Carrie Brimhall, MSUM President Timothy Downs, NDSU President Rod Flanigan, Concordia College President Colin Irvine and NDSU President David Cook.

Courtesy/M-State-Detroit Lakes, MN
On Wednesday, December 18th, five higher education institutions in the region – M State, Concordia College-Moorhead, NDSU-Wahpeton, NDSU and MSU-Moorhead – came

Managing Stress

The holidays are quickly wrapping up but the stress from this time of year may linger. Winter months can be stressful for many people. The demands of everyday life can become overwhelming. Many things can contribute to stress in people's lives: economic pressure from overspending during the holidays, loss of a job or a decrease in wages; caregiving for an elderly or sick family member; relationships that just don't seem to be going in the direction you would like them to; too many snow days leaving you to find child care for school-age children; and more.

a break from caregiving. Waiting until the last minute is stressful and can result in things just not going the way you had hoped they would.
Communicate beliefs, emotions and responsibilities to family members and partners. Let children help with household tasks, duties, odd jobs and even errands if they are old enough to drive. Keep in mind that tasks may not get done the way you would do them. Learn to accept the help others can give based on their age and ability. Remember that if you keep doing the job over for other families members they will stop doing them.
Make time for fun and leisure. Doing the things we love to do, laughing and playing makes us stronger in our coping ability. Sometimes that fun break is enough to help us see how things can be done differently. If you are going to take a break do something you enjoy.
Remember to give yourself time to take care of yourself. Mark it in your calendar if you have to. Even twenty minute walks can do wonders for your stress level.
These are just a few things that you can do to cope with stress. Keep in mind that you will not eliminate all stress in your life but you can learn to cope better.
To learn more about coping with stress, including farm-related stress, visit the following websites:
Mental Health America - https://mhanational.org/conditions/stress
American Academy of Pediatrics, children and stress - https://bit.ly/49MjzEm
NDSU resources on farm-related stress - https://bit.ly/4fvqcMT
By Ann Hamilton, Extension Educator, NH Cooperative Extension Service. Reprinted with permission.
At Home with Extension is provided by staff of the NDSU Extension-Barnes County. The purpose of the Extension Service is to create learning partnerships that help adults and youth enhance their lives and communities. Educational programs emphasize agriculture, youth development, nutrition, food safety and health, human development and farm, family and community economics.

(December 27, 2024)
Call to Order:
Valley City Public School District #2 Regular Meeting Minutes
Wednesday, November 13, 2024
President Sherri Horsager called the regular school board meeting of the Valley City Public School District #2 to order at 5:30PM on Wednesday, November 13, 2024.

Approval of the NDSBA Policy Services Agreement
-Motion: Mathias motioned to approve the NDSBA Policy Services Agreement
-Second: Bergan seconded the motion
-Approval of the School Facility Advisory Committee
-Motion: Mathias motioned to approve having a School Facility Advisory Committee
-Second: Hatcher seconded the motion
-Vote: Upon poll, all present approved, motion carried
Approval of the School Facility Advisory Committee
-Second: Hatcher seconded the motion
-Next Meeting:
-The next regularly scheduled school board meeting is set for Wednesday, December 18, 2024, at 5:30PM.
Adjournment:
-Time: Horsager declared the meeting adjourned at 6:59PM.
Signatures:

(December 27, 2024)
CITY OF VALLEY CITY
NOTICE OF HEARING ON APPLICATION FOR ALCOHOLIC BEVERAGE LICENSE
NOTICE IS HEREBY GIVEN that a hearing will be held on January 7th, 2025 at 5:00PM in the Commission Chambers, City Hall, 254 2nd Ave NE, Valley City, to consider the application submitted by El Valle Taco Shop, which is owned by Rosa Elena Iverson, requesting a Class D (3) Restaurant-Beer Alcoholic Beverage License to sell on-sale beer. Any interested person may appear and will be heard at the above referenced time and place. The application will be available for inspection and copying at the office of the City Auditor during regular business hours prior to the hearing. Call 701-845-1700 for information about attending the meeting remotely. Dated this December 18, 2024. Branda Klein, Finance Director, City of Valley City Barnes County, North Dakota.

together for a signing ceremony at M State's Moorhead campus to enter into a course exchange agreement called the Metro College Alliance. Effective January 1, the agreement will allow degree-seeking students at any one of these institutions to enroll in undergraduate courses at the other institutions without having to undergo separate admission procedures. The alliance replaces the previous Tri-College University consortium, which facilitated cross-institutional course enrollment since 1970.