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John- 701-520-0028; Grant-

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other information that needs to reach all ND newspapers? ND Newspaper Association can help! One call does it all. 701-223-6397.

Andrew J. Q. Weiss, #07205 WILD & WEISS LAW OFFICE, 20 East Divide

PO Box 260 Bowman, North Dakota 58623 office@wildandweisslaw.com 701.523.3112 Attorney for: Personal Representative Case No. 01-2024-PR-00011

IN THE DISTRICT COURT OF ADAMS COUNTY, STATE OF NORTH DAKOTA IN THE MATTER OF THE ESTATE OF NORMA G. SWENSON, aka NORMA GAY SWENSON, aka NORMA SWENSON, Deceased

NOTICE TO CREDITORS NO-TICE IS HEREBY GIVEN That the undersigned have been appointed personal representatives of the above estate. All persons having claims against the said deceased are required to present their claims within three months after the date of the first publication of this notice or said claims will be forever barred. Claims must either be presented to Marsha Nelson, the personal representative of the estate, at PO Box 52, Dickinson, ND 58602, or filed with the Court.

Dated this 12th day of September. 2024.

Marsha Nelson PO Box 52 Dickinson, ND 58602 WILD & WEISS LAW OFFICE, P.C. PO BOX 260 BOWMAN, NORTH DAKOTA 58623 Attorney for Personal Representative First publication on the 19 day

Pub. Sept. 19, 26, Oct. 3, 2024

of September, 2024.

STATE SCHOOL LANDS

The Board of University and School Lands will offer the following lands for lease in Adams County.

| North Lemmon (129-092) | | | | |
|---------------------------|---------------------------|---------|--------|--|
| | AC | Term | Rent | |
| 1 NE4 | 160 | 5 | | |
| Clermont | (129- | 094) | | |
| | `AC | | Rent | |
| 36 NE4 | 160 | 5 | \$1945 | |
| 36 NW4 | 160 | 5 | \$1616 | |
| Hettinger | (129- | 096) | | |
| Ü | `AC | | Rent | |
| 16 SW4 | 160 | 5 | \$2434 | |
| Lightning | Lightning Creek (129-098) | | | |
| 0 0 | AC | `Term | Rent | |
| 36 NE4 | 160 | 5 | \$2466 | |
| 36 NW4 | 160 | | \$1275 | |
| 36 SE4 | 160 | 5 | \$1935 | |
| Spring Bu | utte (1 | 30-092) | | |
| . 0 | AC | Term | Rent | |
| 22 SE4 | 160 | 5 | \$2422 | |
| 22 SW4 | 160 | 5 5 | \$2446 | |
| 26 NE4 | 158 | 5 | \$2535 | |
| 26 NW4 | 160 | 5 5 | \$2634 | |
| 26 SE4 | 160 | 5 | \$2692 | |
| 26 SW4 | 160 | 5 5 | \$2358 | |
| 28 NE4 | 160 | 5 | \$2669 | |
| 32 NE4 | 160 | 5 | \$2446 | |
| 32 SE4 | 160 | 5 5 | \$2510 | |
| 36 NE4 | 158 | 5 | \$2463 | |
| 36 NW4 | 160 | 5 | \$2397 | |
| I - Regarding payment for | | | | |
| , , , , , , | | | | |

36 SE4 160 \$2463 36 SW4 160 \$2243 Dakota (130-093) Term Rent 22 NE4 160 \$1926 22 NW4 160 \$2418 22 SE4 160 \$2484 5 5 5 22 SW4 160 \$2692 160 \$2131 24 NW4 24 SW4 160 \$2480 36 SE4 \$2199 36 SW4 160

undepreciated costs

Kansas City (130-094) Rent Term 21 SW4 159 \$2198 Holt (130-096) Term Rent 16 SE4 158 \$2083 5 16 SW4 160 \$2338 Jordan (131-093) Term Rent AC 36 NE4 160 \$2227

\$1668

\$2344

\$2331

160

36 NW4

36 NW4

36 SE4

36 SW4

Cedar (132-096)

36 SE4 160 \$1545 36 SW4 160 Chandler (131-094) \$1769 Term Rent AC 16 NE4 160 \$1492 16 NW4 5 16 SE4 160 \$2349 Taylor Butte (131-095) \$2483 Rent Term AC 16 NE4 160 \$2531 16 NW4 \$2205 16 SE4 160 \$2151 16 SW4 160 5 5 5 5 \$2330 36 NE4 160 \$2266

160

160

160

Term Rent 36 NW4 \$2460 160 5 5 36 SW4 \$2018 160 requirements Control apply to all lessees. Auctioneer will read specific requirements at the auction. The public lease auction will be held at Adams County Courthouse. Community Room on 10/16/24 at 12:30 MT in Hettinger, ND. Other than the descriptions of the lands to be auctioned the information contained in this advertisement may be revised prior to the auc tion upon further review by the North Dakota Department of Trust Lands. Any such revisions will be announced at the auction and will be binding upon the bidders. Bidding will begin at minimum rent. 1st year's rent must be paid in full immediately after the sale. The Board reserves the right to reject any and all bids. For more information, visit https://land.nd.gov or call (701) 328-2800. For auxiliary aids and services, please call by 10/4. Joseph A. Heringer COMMIS-

SIONER 1707 N 9th St | Bismarck ND 58506

PHONE: 701-328-2800 | FAX: 701-328-3650 | WEB: https:// land.nd.gov

Pub. Oct. 3, 10, 2024

4-H'ers honored for learning, practicing healthful habits

NDSU EXTENSION

4-H'ers from clubs in 15 counties throughout North Dakota were recognized for incorporating nutrition, fitness and health activities into their club meetings in 2023-2024.

The 30 clubs, with a total of 662 members, earned the special recognition of being "healthy clubs" by meeting criteria which requires incorporating at least one nutrition or fitness activity into a minimum of six regular meetings during the year. These activities are often integrated into field trips, food demonstrations, or providing community service.

As an example of these activities throughout the year, the Divide County Roughriders 4-H Club, a 13-member club from Divide County, met at Crosby Curling Club rink and learned to curl, had a demonstration on hydroponic seeding, learned how to make healthy smoothies, and participated in Crosby community "Stroll the Night" celebration selling hot cocoa and pretzels and donating the profit to the local animal shelter. They also toured the Healthy Cricket store which specializes in fragrance and chemical free products.

"Clubs participated in a wide range of healthy programming and community service projects. I commend the volunteers and teen leaders who serve as mentors for these clubs. I wish I could share all of the wonderful life skills and experiences they are providing for these children" says Julie Garden-Robinson, North Dakota State University Extension food

and nutrition specialist and Healthy North Dakota 4-H Clubs program coordinator.

'Six clubs also participated in a family mealtime challenge, where they took steps to eat with their families more often, which can have numerous benefits such as better school performance, healthier meals and less risk behavior. 4-H programs can make a difference for the club members as well as their families," she added. A few of their tips for eating together are putting away all electronics and making crockpot meals that can be ready at flexible times to meet busy family schedules.

Some clubs were in their first year as a "healthy club" and some clubs have participated for 17 years. Each club member received a certificate of recognition and a small prize.

The clubs recognized this year are listed by county, number of members, number of years they have received recognition, and if they completed the monthlong Family Mealtime Challenge.

•Adams – Adventurer's, 23 members, 2 years

·Barnes - North Valley, 22 members, 1 year; Valley Friends, 17 members, 13 years

•Burleigh – Burleigh County Bowmasters, 60 members, 1 year; Clover Cakes, 16 members, 6 years, completed Family Mealtime Challenge; Clover Power, 13 members, 3 years; Meadowlarks, 15 members, 4 years, completed Family Mealtime Challenge; Silver Colts, 14 members, 14 years, completed Family Mealtime Challenge

•Cass – Golden Clo-

vers, 23 members, 3 years; Lucky Clover Buddies, 18 members, 4 years, completed Family Mealtime Challenge; Rush River Livestock, 61 members, 3 years; Valley Adventurers, 15 members, 16 years

•Divide - Roughriders, 13 members, 2 years, completed Family Mealtime Challenge; Flickertails, 34 members, 17 years

·LaMoure - Cloverleafs, 31 members, 12 vears

•McHenry - Velva Guys and Gals, 27 members, 5 years

•Mercer – Star Equestrians, 10 members, 2

•Ramsey – Country Kids, 15 members, 3 years

•Ransom - Aliceton, 45 members, 13 years; Heart and Soul, 17 members, 8 years; Sandy Critters, 12 members, 5 years; Tri-Country Ag, 35 members, 10 years

•Richland – Helping Hands, 10 members, 7

•Sargent - Busy Bobcats, 9 members, 3 years Sheridan – Clever

Clovers, 11 members, 2 vears

•Steele – Wildlife Explorers, 28 members, 2 years

Stutsman – Country Kids, 15 members, 6 years, completed Family Mealtime Challenge; Fort Seward, 23 members, 1 year; Moon Lake, 16 members, 4 years; Golden Eagles, 9 members, 1 year

4-H clubs interested in participating in the 2024-2025 North Dakota Healthy 4-H Clubs program should contact their county office of NDSU Extension or visit the North Dakota Center for 4-H Youth Development to become involved.

KATRINA CHRISTIANSEN FOR U.S. SENATE

Katrina isn't taking 1 penny of corporate PAC money and supports Term Limits.

She wants to:

Secure the Border Lower Prescription

Protect Social <u>Security</u>

and Medicare

Drug Prices

Fight for Family <u>Farms</u>



Katrina Christiansen's journey is a testament to resilience. During the 1980's farm crisis, her family lost the farm. Katrina grew up in poverty and received the help of federal programs like food stamps, W.I.C. and Head Start. She defied the odds, becoming her high school valedictorian and earning a PhD in Agricultural Engineering. Katrina is a successful engineer with three patents to help our farmers. Now a dedicated wife and mother of three, Katrina deeply understands the needs of working people because she has lived them! Her experience makes her a powerful voice for our rural communities in the U.S. Senate.

Katrina is running for the Senate to fight for you!