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TOWNER COUNTY MEDICAL Center in Cando, ND has the following employment opportunities available: Flexible scheduling available for most positions! RN or LPN -- skilled nursing, RN -- acute care, certified nursing assistant, dietary aide, housekeeping, daycare worker. Applications available at www. tcmedcenter.org. EOE.

SEEKING APPLICANTS FOR jobs? Advertise openings on the Farmers Press classified page. The per-week cost for a classified ad is \$5 for the first 25 words. .10 for each word farmerspress@gondtc.com.

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IF YOU HAD knee or hip replacement surgery and suffered an infection between 2020 and the present time, you may be entitled to compensation. Call Attorney Charles H. Johnson 1-800-535-5727. (N)18p

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NOTICE OF ELECTION MINNEWAUKAN PUBLIC SCHOOL DISTRICT #5

Notice is hereby given that on Tuesday, June 10, 2025, the annual Minnewaukan School District No. 5 election will be held for the purpose of electing one member to the school board for a term of four years.

Polls will be open from 11 a.m. to 7 p.m. on Tuesday, June 10, 2025 at the Minnewaukan Public School, 4675 Hwy. 281 N, Minnewaukan, North Dakota.

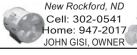
Tracie Volk **Business Manager** (Publish June 5, 2025)

NOTICE OF ELECTION MADDOCK SCHOOL **DISTRICT NO. 9**

Notice is hereby given by the Maddock School District #9 that on Tuesday, June 10, 2025, the annual election will be held for the purpose of electing a member to the school board for a three-year term to represent the at-large position, and a school board member for a one-year term to represent the city of Maddock position, at the Maddock Public School commons area from 11

Shannon Sabbe Business Manager Maddock School District No. 9 Maddock, ND 58348 (Publish May 1 & 22 & June 5, 2025)

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ASSISTED LIVING APARTMENTS available in Rugby at the Haaland Estates. Laundry services, inside mail, garages, outside plug-ins for vehicles, emergency notification system and other convenient living accommodations for senior citizens. For more information or an explanation on services call 776-5203. 32tfn

RENTERS WANTED: ARE you having difficulty paying your rent on time? The Housing Assistance Program (HAP) is now taking applications for residents living in Benson County. For more information on eligibility call 473-5671. Equal Housing Opportunity. TDD 1-800-366-6888.

HAVE HOUSING AVAILABLE? Your ad could be here! Call 473-5436 by 10 a.m. Monday. \$5 for the first 25 words, .10 for each additional word.

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BATH AND SHOWER updates in as little as one day! Affordable prices -- no payments for 18 months! Lifetime warranty and professional installs. Senior and military discounts available. Call: 1-833-787-0317.

NOTICE TO CREDITORS
IN DISTRICT COURT,
NORTHEAST JUDICIAL DISTRICT,

STATE OF NORTH DAKOTA, COUNTY OF BENSON IN THE MATTER OF THE ESTATE OF DONALD NORMAN MASSE,

DECEASED Court File No. 03-2025-PR-00007 NOTICE IS HEREBY GIVEN that the undersigned has been appointed personal representative of the above estate. All persons having claims against the said deceased are required to present their claims within three months after the date of the first publication of this notice or said claims will be forever barred. Claims must either be presented to Eugene Masse, personal representative of this estate, at 1006 W Owens Ave., Bismarck, North Dakota 58501 or filed

with the Court. Dated May 21, 2025. /s/ Eugene Masse Eugene Masse 1006 W Owens Ave.

Bismarck, ND 58501 Isaac Zimmerman (07665) Matthew Wermerskirchen (09719) Andrew Younker (09493) Zimmerman Law 919 S. 7th St. Suite 607 Bismarck, ND 58504

Telephone: 701-224-1519 Email: isaac@zlawnd.com matthew@zlawnd.com andrew@zlawnd.com

Attorneys for Personal Representative First publication on the 29th day

(Publish May 29 & June 5 & 12, 2025)

APARTMENTS FOR RENT

Park View - Maddock One bedroom with utilities furnished. Handicap/disabled, regardless of age.

Benson County Housing Authority

701-473-5671 TDD 1-800-366-6888

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email: chris.arnston@FUMIC.com Farm - Homeowners - Dwelling Business - Auto - Liability Umbrellas - Misc. Bonds - Life Multi-Peril Crop - Crop Hail Long Term Care

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MISCELLANEOUS FOR SALE

YOU CAN PLACE a 25-word every North Dakota newspaper for only \$160. It's easy. Contact this newspaper for details.

NEED NEW FLOORING? Call today to schedule a free in-home estimate on carpeting and flooring. Call today! 1-833-641-6785.

TOP CA\$H PAID for old guitars! 1920-1980 Gibson, Martin, Fender, Gretsch, Epiphone, Guild, Mosrite, Rickenbacker, Prairie State, D'Angelico, Stromberg, and Gibson mandolins / banjos. 1-833-641-7066. (N)18p

PAYING TOP CA\$H for men's sport watches! Rolex, Breitling, Omega, Patek Philippe, Heuer, Daytona, GMT, Submariner and Speedmaster. Call 1-833-641-6634.

LOOKING FOR THE most complete listing of ND media? ND Media Guide. Only \$30! Call 701-223-6397, ND Newspaper Association.

REAL ESTATE FOR SALE

ND FARM LAND values surge upward. Are you selling or renting? Pifer's Auction and Farm Land Management. Bob Pifer, 701-371-8538. Kevin Pifer, 701-238-5810.



LEEDS PUBLIC SCHOOL DISTRICT NO. 6 NOTICE OF SCHOOL **BOARD ELECTION**

Notice is hereby given that the Leeds Public School District No. 6 annual election will be held on Tuesday, June 10, 2025 at the Leeds Public School for the following

. To elect two (2) directors for a three-vear term to represent

Region 3: Springfield, Leeds, Irvine, Chain Lakes, DeGroat, Coulee, Lake Ibsen, Normania, Pelican, Riggin, McClellan, Butte Valley, Broe, Beaver, Twin Lakes, Iowa, York, Knox, and Hurricane Lake townships and the cities of Churchs Ferry, Brinsmade nd York (excluding the city of Leeds)
Polling precinct will be open 11

a.m. - 7 p.m, at the Leeds Public School, 530 1st St. SE, Leeds, ND 58346. Becky Haagenson

NOTICE OF ANNUAL ELECTION FORT TOTTEN PUBLIC SCHOOL DISTRICT NO. 30

Business Manager (Publish May 29 & June 5, 2025)

NOTICE IS HEREBY GIVEN that the annual school district election of the Fort Totten School District #30 will take place on Tuesday, June 10, 2025 at the polling location listed below. The annual election will be held for the purpose of electing two members to the school board, one for a three-year term, one for a three-year term.

Polls will be open from 11 a.m. to 7 p.m. on Tuesday, June 10, 2025 at the Alternative/CTE Building, 7268 Highway 57, Fort Totten, North

The following officials will be elected:

At-large school board member(s):

Two (2) for three (3) years.
The polling locations are as follows: Alternative/CTE Building, 7268 Highway 57, Fort Totten, North Dakota.

If auxiliary aids are required to vote, contact Christina Anderson at 701-766-1438 at least 5 days prior to Christina Anderson

Business Manager Fort Totten Public School District No. 30 Fort Totten, ND 58335 (Publish June 5, 2025)

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has 1 or 2 bedroom apts. Utilities furnished, rental assistance available. Call 701-466-2445 or TDD 1-800-366-6888.

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Benson County Housing Authority 701-473-5671

TDD 1-800-366-6888

Equal Housing Opportunity This institution is an equal opportunity provider and employer

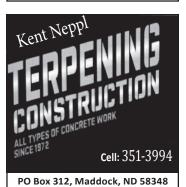
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INJURED IN AN accident? Don't accept the insurance company's first offer. Many injured parties are entitled to cash settlements in the \$1,000s. Get a free evaluation to see what your case is really worth. 100% free évaluation. Call now: 701-505-

HAVE A NEWS release or other it all. 701-223-6397.

Did You Know?



Digging into a delicious ice cream sundae can be heavenly on a warm day. But such decadence sometimes comes with a price, most often in the form of a painful ice cream headache. Ice cream headaches occur when the cold ice cream moves across the roof of the mouth and back of the throat. Scientists are not quite certain what causes ice cream headaches, but some suggest that it involves cold ice cream temporarily altering blood flow. This constriction and expansion of blood vessels can cause pain. Once the body adapts to the change in temperature, the pain should subside. Eating ice cream slowly can help prevent ice cream headaches. -metrocreativeconnection

NOTICE OF ELECTION WARWICK PUBLIC SCHOOL

Notice is hereby given that on the second Tuesday of June, being June 10, 2025, an annual election will be held for the purpose of electing one school board member for a three-vear term from the geographic area of the city of Warwick, Odessa and Minco townships: and one school board member for a three-year term from the geographic area of Mission Township and the northern half of Wood Lake

The Warwick Public School District No. 29 polls will be located in the lobby of the Warwick Public School gymnasium in Warwick and the food

pantry in Tokio. The polls will be open from 11 a.m. to 7 p.m. Business Manager Warwick School District No. 29 Warwick, ND 58381 (Publish May 29 & June 5, 2025)

NOTICE TO CREDITORS

NORTH DAKOTA

Probate No. 03-2025-PR-00008 NOTICE IS HEREBY GIVEN that the undersigned has been appointed personal representative of the above estate. All persons having claims against Kathleen Kato are required to present their claims within three (3) months after the date of the first publication or mailing of this notice

or the claims will be forever barred. Claims must either be presented to Emmy Kato-Clarke, personal representative of the estate, and her attorney, Andria L. Mueller, at 7 3rd Street SE, Suite 202, Minot, ND 58701 or filed with the Court.
Dated this 23rd day of May 2025.

Hertfordshire WD24 5EW United Kingdom Andria L. Mueller (ID #07282) andria@ldstrategies.com

Attorney for: Personal Representative (Publish May 29 &

MISCELLANEOUS

information that needs to reach all ND newspapers? ND Newspaper Association can help! One call does



DISTRICT NO. 29

IN THE DISTRICT COURT OF BENSON COUNTY, STATE OF

In the Matter of the Estate of Kathleen Kato aka Kate Kato,

/s/ Emmy Kato-Clarke Emmy Kato-Clarke 10 Diamond Road

Legacy Design Strategies 7 3rd Street SF Suite 202 Minot, ND 58701 701-838-1998

June 5 & 12, 2025)

The basics of lifesaving CPR

Cardiopulmonary resuscitation, better known as CPR, is a life-saving technique that can be employed when someone goes into cardiac arrest or if a person's heart is not beating strongly enough to circulate blood to the organs and brain. The American Heart Association says more than 350,000 incidents of cardiac arrest occur outside of hospitals in the United States each year. Bystanders who are able to perform $\ensuremath{\mathsf{CPR}}$ can save a life by prolonging blood and oxygen flow until professional care can be administered.

What to do if you suspect a person's heart has stopped or they are not breathing?

The first step is to assess the situation and ask another person to call 911 or the local emergency service number for the country where you reside. If there is an automated external defibrillator (AED) nearby, have someone get it.

Next is to think of ABC to determine whether CPR should be administered, says the Cleveland Clinic

A (AIRWAY): Tilt the person's head back and check for any obstructions in the mouth or throat that could indicate · B (BREATHING): Lean in

closely to the person's face and listen for breaths for 10 seconds. In addition, try to determine if their chest is rising and falling. C (CIRCULATION): Feel

just below the jawline for a few seconds to check for a pulse. It is vital to perform CPR if the person is not breathing and

the side of the person's neck

there is no pulse. **Chest compressions**

Chest compressions are a key component of CPR that help blood reach vital organs until a regular heartbeat returns. The American Red Cross CPR guidelines recommends 100 to 120 chest compressions per minute, 30 at a time.

 \cdot Place two hands centered on the chest.

Your shoulders should be directly over your hands with elbows locked.

· Compress the chest at least 2 inches. · Follow the rate of compres-

MINUTES OF SPECIAL MEETING ESMOND CITY COUNCIL May 30, 2025 The city of Esmond held a special

city council meeting on May 30, 2025 at 7:30 a.m. at the Esmond City Hall. Present were Mayor Ernest Suich; council members David Wolfe, Shari Wolfe, Roger Hill and Loren Preuss;

City Auditor Leigh Wolfe Kaeding.
The agenda for the meeting was sewer grant engineering firm selection; Brownfields grant application review; and larger commercial dumpsters for

The city council reviewed three

firms who had sent us proposals for the large sewer grant and removed one from our list. A list of questions will need to be answered from the remaining two firms before making The application for the Brownfields grant was reviewed and will now

be sent to the Department of Environmental Quality for assistance in removing portions of the old Esmond Public School. Following a discussion on commercial dumpsters for city cleanup and the many regulations

and limitations for what can be placed in them, the city decided to forgo this service at this time. Amotion was made by Shari Wolfe and seconded by Loren Preuss to adjourn the meeting at 9:06 a.m. and

the motion carried. The next regular meeting will be held on Wednesday, June 11, 2025 at 7 p.m. at Esmond City Hall.

Leigh Wolfe Kaeding City Auditor

sions at 100 to 120 per minute. Songs that align with the recommended rate include "Stayin' Alive," "Dancing Queen," "I Will Survive," and "Can't Stop the Feeling!" Humming one of these songs can keep you at the correct tempo.

Allow the person's chest to return to a normal position after

each compression. What to know about

mouth-to-mouth Recommendations vary regarding mouth-to-mouth resuscitation. The American Red Cross advises giving two breaths in between each set of 30 com-

· Open the airway to a pastneutral position by tilting the head and lifting the chin.

· Pinch the nose shut, take a normal breath, and make a complete seal over the person's mouth with your mouth.

Ensure each breath lasts about one second and makes the chest rise; allow air to exit before offering the next breath.

The American Heart Association now recommends bystanders perform only handsonly CPR when a person goes into cardiac arrest. This means just chest compressions. Studies show people are less willing to help if they think they have to give mouth-to-mouth to strangers, and the AHA notes rescue breaths delay compressions. There's also the increased risk of disease transmission. Certain medical experts say that in many cases, mouth-to-mouth does more harm than good when performed by untrained individuals.

How long should CPR

continue? CPR should continue until the person starts breathing or a paramedic arrives. Switch off with another person if you get tired. Consistent CPR performed for as long as it takes offers the best chances that a person will survive.

-metrocreative connection

How to submit news items

The $Farmers\ Press\ welcomes$ submissions from readers and community members regarding upcoming events or coverage of recent events. When sending information, please keep the

following in mind: • For upcoming events, include the date, time and place. Also let us know if everyone is

welcome to attend.

• For recent events, include as much descriptive detail as possible, including identifications of people who pose for pictures. When sending pictures

by email, include only one or

two attachments per message.

Larger emails will be rejected

by the email system and neither the sender nor the recipient will be notified. • When in doubt about

whether we've received something, give us a phone call. Submit items to farmerspress@gondtc.com; call 701-473-5436; or mail them to PO Box

98, Minnewaukan, ND 58351.

NOTICE OF INTENT TO **AMEND ADMINISTRATIVE RULES RELATING TO COMBATIVE SPORTS** PROFESSIONAL BOXING AND MIXED FIGHTING **STYLES**

TAKE NOTICE that the North Dakota Office of the Secretary of State will hold a public hearing to address proposed changes to the N.D. Admin. Code at 10 am on Wednesday, July 9, 2025, in the Secretary of State's Main Conference Room at the North Dakota State Capitol, 600 East Boulevard Avenue, Bismarck ND 58505.

A copy of the proposed rules may be obtained at SOS. ND.gov or by writing the Office of the Secretary of State at 600 East Boulevard Avenue, Dept. 108. Bismarck ND 58505.

Also, written comments may be submitted to 600 East Boulevard Avenue, Dept. 108, Bismarck ND 58505, until 12 noon on Friday, July 25, 2025. If you plan to attend the public hearing and will need special facilities or assistance relating to a disability, please call the Secretary of State at (701) 328-2900 at least four days prior to the public hearing.

Dated this 27 of May, 2025. Michael Howe Secretary of State

looking for a SPRAYER ASSISTANT for the county for the 2025 spraying season. If interested, please call Tim Finley at (701)798-2776 for more information.

HELP WANTE

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sits on 14,000 sq. ft. Corner lot with double car 900 sq. ft. garage, unattached.

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