

Proposal to ban candy, soda from food assistance

(continued from page 1)

The waiver request states that soft drinks would include "any carbonated, nonalcoholic beverages that contain water, a sweetening agent" and flavoring. The definition specifically excludes carbonated flavored water and powdered drink flavorings.

The waiver request defines energy drinks as beverages made "to enhance energy, alertness, or physical performance" that contain stimulants like "fortified caffeine, guarana, glucuronolactone or taurine." It says sports drinks like Powerade and Gatorade don't fall under this category.

Candy is defined in the proposal as products containing "sugar, honey, or other natural or artificial sweeteners in combination with chocolate, fruits, nuts, or other ingredients or flavorings in the form of bars, drops, or pieces." The definition excludes food containing flour and food that must be refrigerated. It says honey, sugar, molasses, maple syrup and corn syrup by themselves don't count as candy.

According to the document, "chocolate covered nuts, candy coated nuts, honey roasted nuts, caramel apples, trail mix with candy pieces" would all count as candy. Sweetened cereal bars without flour and energy bars "containing a 'supplemental facts' box" would also be considered candy, it states.

The waiver request indicates that it won't cost much money for the state of North Dakota to implement the food restrictions because most of those expenses will be carried by retailers that accept SNAP benefits.

The North Dakota state government will soon begin reaching out to those businesses to notify them of the change. It will provide them with technical assistance if needed, the proposal states.

It also says the state will be taking steps to ensure SNAP recipients in North Dakota are informed of the changes.

According to the proposal, about 83,000 North Dakotans received SNAP benefits during the 2025 fiscal year.

NDNA supports student newspaper interns

About a dozen high school and college students each year are paid to work in local news rooms across the state through the North Dakota Newspaper Association Education Foundation (NDNAEF).

Newspapers hosting high school students for the equivalent of four weeks of full-time work and college students working the equivalent of eight weeks of work, receive stipends to help pay for the student's time on the job.

NDNAEF has invested between \$30,000 and \$55,000 per year toward these stipends to help insure a new generation of journalists and support staff is ready to serve local newspapers. Internships may focus on any aspect of the news operation, from reporting to graphic design, photography, or promotions.

In addition to being paid for their time, stu-

dents are able to develop a portfolio of published work to show to future employers.

Students wishing to apply for an internship in 2026 should contact director@ndna.com.

If you'd like to support NDNAEF's mission of educating students to serve newspapers, please consider a gift by visiting <https://ndna.com/donate>. Or, contact NDNAEF at 501 E Main Ave, Suite 75, Bismarck, ND, 58501.

NDNAEF is a 501c(3) charitable corporation.

NOTE: If you are a high school student who might be interested in newspaper work beginning next summer, or if you know such a student, we at the Leader are interested. Email us at dcleade@drtel.net, stop, in or talk to Ken. Peggy, Robin, or Aidan. Aidan is a high school senior, and he enjoys newspaper work a lot!

All K-12 ND students can now explore careers via virtual reality

CareerViewXR is focused on bringing immersive job experiences into classrooms.
By Sophia Herman, Grand Forks Herald

Grand Forks Nov. 13, 2025 — All K-12 students in North Dakota will now have access to a virtual reality career exploration platform, as part of a larger effort to grow the workforce in North Dakota.

CareerViewXR is a virtual reality platform focused on bringing immersive job experiences into classrooms. In 2023, the state Legislature passed funding for CareerViewXR to be accessible to all middle and high school students. During the most recent legislative session, funding was passed to expand the program to elementary schools.

Wayde Sick, the director of the North Dakota Department of Career and Technical Education, said the goal for the program is to show students there are opportunities for work and career growth in North Dakota — particularly as the state is facing a workforce shortage.

"Our goal is to engage our young people and encourage them to stay within the borders of North Dakota, because we need them here," he said. "We do want them to be aware that there are opportunities in North Dakota. You don't need to leave the state of North Dakota to get education, get that training and then have that career."

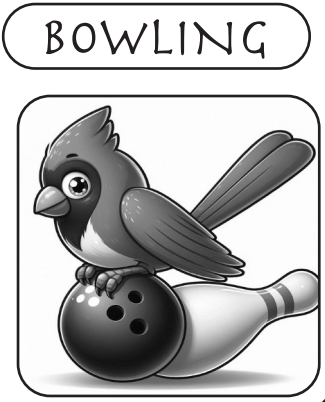
The platform offers 360-degree "career journeys," where students can step into job sites across a variety of industries — health care, construction, education, various trades and more. Students can use virtual reality headsets to have a more immersive experience, or they can access the platform's content on any desktop, tablet, mobile or other device. Schools do not have to pay to access the platform and CareerViewXR has donated a VR headset to every middle and high school in the state. If schools want additional headsets, they would need to purchase them. The platform will work on any mainstream headset.

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The VR headset provides intense exposure to various fields of work, as illustrated in a three-minute video, accessible at bit.ly/careerviewhs

<i>Bollinger Farms</i>	21	7
<i>Pin Pushers 1</i>	9	9
<i>Ball Busters</i>	18	1
<i>Pahl Farms</i>	17	11
<i>We Don't Give A Split</i>	15	13
<i>Livin On A Spare</i>	11	17
<i>Short Circuit</i>	11	17
<i>Jamie Diemert</i>	171	
<i>Amanda Barton</i>	166	
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<i>Amanda Barton</i>	432	
<i>Jamie Diemert</i>	421	
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Landfill Hours, December 1 to March 31
Saturday: 10 am – 4 pm

STATE OF NORTH DAKOTA PUBLIC SERVICE COMMISSION

Otter Tail Power Company/Montana-Dakota Utilities Co. Case No. PU-25-236
345kV JETx Transmission Line Siting Application

NOTICE OF TECHNICAL HEARINGS

On August 8, 2025, Otter Tail Power Company (OTP) and Montana-Dakota Utilities Co. (MDU) filed joint applications for a certificate of corridor compatibility and for a route permit concerning approximately 92 miles of double circuit capable 345 kV electric transmission facility and associated facilities in Dickey, LaMoure and Stutsman Counties, North Dakota.

The Commission has determined that two technical hearings will be held and scheduled as follows.

January 8, 2026, at 8:30 a.m. Central Time at the Brynhild Haugland Room, State Capitol, Ground Floor, 600 East Boulevard Ave, Bismarck, ND 58505.

January 9, 2026, at 8:30 a.m. Central Time at the Pioneer Room, State Capitol Judicial Wing, Ground Floor, 600 East Boulevard Ave, Bismarck, ND 58505.

The issues to be considered in this proceeding are:

1. Will construction, operation, and maintenance of the facility at the proposed location produce minimal adverse effects on the environment and upon the welfare of the citizens of North Dakota?

2. Is the proposed facility compatible with environmental preservation and the efficient use of resources?

3. Will construction, operations, and maintenance of the facility at the proposed location minimize adverse human and environmental impact while ensuring continuing system reliability and integrity and ensuring that energy needs are met and fulfilled in an orderly and timely fashion?

The technical hearings will permit the parties to present evidence, examine witnesses, and cross-examine witnesses. Due to time restrictions and the limited scope of this technical hearing, there will likely be no opportunity for public input during the technical hearings. Members of the public wishing to provide public input are encouraged to attend one of the public hearing dates listed in the Notice of Filing and Notice of Public Hearings already issued by the Commission for this matter.

For more information contact the Public Service Commission, State Capitol, Bismarck, North Dakota 58505, 701-328-2400; or Relay North Dakota, 1-800-366-6888 TTY. If you require any auxiliary aids or services, such as readers, signers, or Braille materials, please notify the Commission at least 24 hours in advance.

Issued: November 19, 2025

PUBLIC SERVICE COMMISSION

Sheri Haugen-Hoffart Commissioner
Randy Christmann Chair
Jill Kringstad Commissioner

(November 27, 2025)

OPENING FOR ELLENDALE PUBLIC WORKS EMPLOYEE

The City of Ellendale is looking to hire a Public Works Employee to oversee the following maintenance to keep the City in good working order and sound condition:

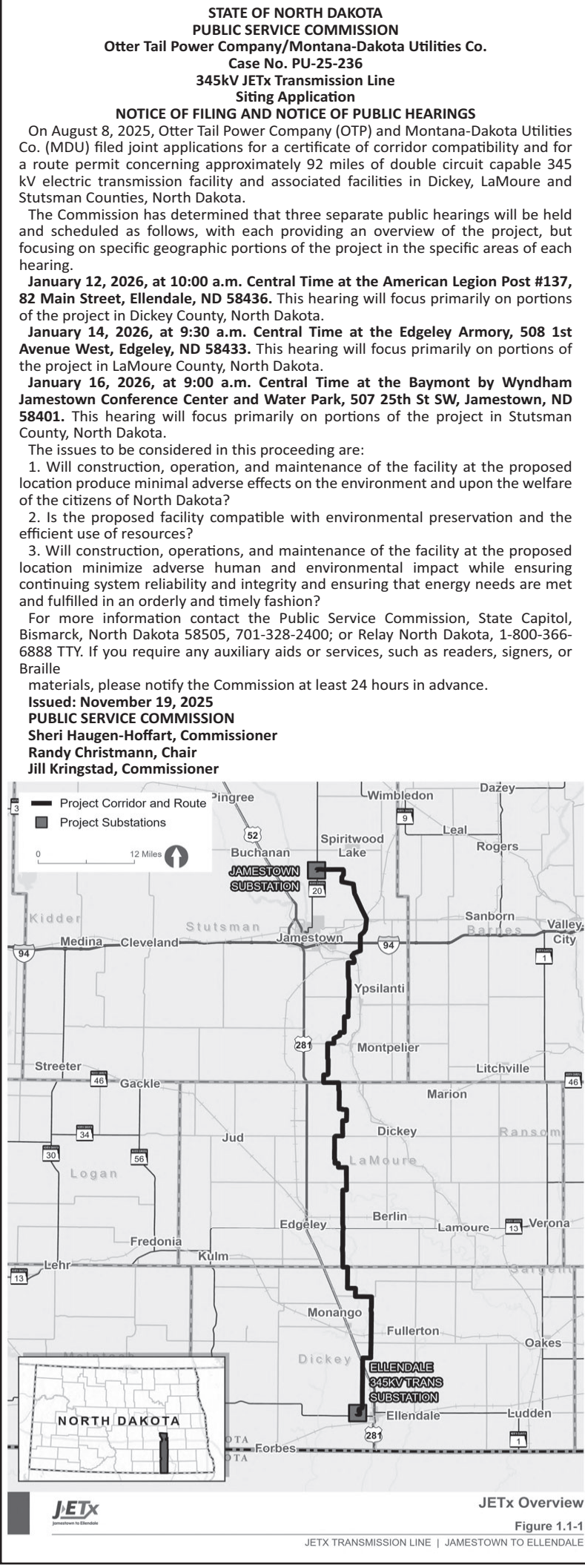
- Streets
- Alleys
- Water system
- Sewer system
- Landfill areas
- General maintenance of equipment
- Mowing
- Cutting and trimming trees
- Cemetery
- Perform a variety of manual labor duties which will include all maintenance, heavy equipment operations, snow removal and other duties as required.
- Ability to establish and maintain effective working relationship with other employees, public officials and the public.
- The employee must occasionally lift and/or move up to 75 pounds or more.
- This job typically works 8:00 AM to 5:00 PM Monday – Friday and will be required to be on call during scheduled evenings and weekends.
- Must be legally authorized to work in the United States. No sponsorships considered.

- A valid ND Driver's License is required and the ability to obtain a Class B CDL.
- A high school diploma/GED is required; the ability to pass and obtain all required ND State licensing and certification requirements when eligible.
- Successful applicants will be highly motivated and self-directed.
- Successful applicant will require a background inquiry.
- Experience preferred; and essential that the public works employee be service oriented.
- Must live within 30 minutes of the city limits.
- Wages DOE

Applications/Resumes will be accepted until filled, please submit to City Hall (P O Box 267 - 55 3rd Ave S – Ellendale ND 58436).

Benefits included: BCBS – Health, Vision, Dental, Retirement, Vacation, Sick Leave, On-Call pay, Overtime past 40 hrs, Garbage/Water discount if live in city limits

For further details, please contact Mayor Don Flaherty; Council Member Justin Meidinger or City Hall –701–349-3252.



Area Church Schedules

CHURCH OF THE NAZARENE
PASTOR KELLY RIGGAN
SUNDAY WORSHIP, 10:00 A.M.
WEDNESDAYS: YOUTH GROUP 6:00 P.M.

PRESBYTERIAN UNITED METHODIST, ELLENDALE
PASTOR BECCA HAFNER
SUNDAY WORSHIP - 11:00 A.M.

APOSTOLIC LUTHERAN CHURCH (STATE LINE RD)
PASTOR REINO MAUNU
SUNDAY WORSHIP - 10:30 A.M.
SERVICES 2ND & 5TH SUNDAYS

FULLERTON UNION CHURCH
SERVICES PENDING

ST. PAUL'S LUTHERAN CHURCH, FREDERICK
PASTOR JUSTIN BROTZEL
SUNDAY WORSHIP 10:00 A.M.
SUNDAY SCHOOL & FELLOWSHIP 11:00 A.M.

ZION LUTHERAN CHURCH, ELLENDALE
PASTOR - REV. PAUL O.S. PREUS
DIVINE SERVICE - 9:00 A.M.
BIBLE CLASS - 10:30 A.M.

BETHLEHEM LUTHERAN CHURCH, FORBES
PASTOR BRANDON WOODRUFF
WORSHIP SERVICE 8:30 A.M.
SUNDAY SCHOOL AT 9:30 A.M.

CHRIST THE KING LUTHERAN CHURCH, ELLENDALE
ELCA PASTORS FROM CHRISTIANS IN ACTION
SERVICES SUNDAY 11:15 A.M

ST. HELENA'S CATHOLIC CHURCH, ELLENDALE
FATHER PATRICK PARKS
CONFESSION - SATURDAY 3:30 P. M.
SATURDAY MASS - 5:00 P.M.
SUNDAY MASS -1ST, 3RD & 5TH SUNDAYS AT 8:30 A.M.
2ND AND 4TH SUNDAYS AT 10:30 A.M.

ST. PATRICK'S CATHOLIC CHURCH, FULLERTON
FATHER PATRICK PARKS
SUNDAY MASS - 1ST, 3RD, & 5TH SUNDAYS @ 10:30 A.M.
2ND AND 4TH SUNDAYS AT 8:30 A.M.

SEVENTH-DAY ADVENTIST CHURCH - 400 MAIN
PASTOR MICHAEL GARCIA
SATURDAY SABBATH SCHOOL - 9:30 A.M.
SATURDAY WORSHIP - 11:00 A.M.

NEW LIFE ASSEMBLY OF GOD CHURCH
PASTOR KEVIN LIBBY
SUNDAY SCHOOL 9:30 A.M.
SUNDAY WORSHIP 10:30 A.M.
WEDNESDAY KIDS 6:00 P.M. & YOUTH 7:15 P.M.

FIRST BAPTIST CHURCH
PASTOR GLENN RAYNOR
SUNDAY SCHOOL - 9:00 A.M.
SUNDAY WORSHIP -10:00 A.M.

ZION LUTHERAN CHURCH, EDGELEY
PASTOR BRANDON WOODRUFF
SUNDAY WORSHIP 10:30, BIBLE STUDY FOLLOWING LWML BIBLE STUDY, 2ND WEDNESDAY OF EACH MONTH, 2:00 P.M.

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