PUBLIC **Notices**

A public notice is information informing citizens of government activities that may affect the citizens' everyday lives. Public notices have been printed in local newspapers, the trusted ources for community information for more than 200 years.

North Dakota newspapers also post public notices on www.ndpublicnotices.com at no charge to units of government.

IN THE DISTRICT COURT OF LAMOURE COUNTY, STATE OF NORTH DAKOTA

In the Matter of the Estate of Georgene Marie Robinson, a/k/a Georgene M. Robinson, a/k/a Georgene Robinson Deceased. Probate No. 23-2025-PR-00018

NOTICE TO CREDITORS

NOTICE IS HEREBY GIVEN that the undersigned have been appointed co-personal representatives of the above estate. All persons having claims against the deceased are required to present their claims within three (3) months after the date of the first publication of this notice or to those known creditors whom a mailing of the notice of creditors has been sent or said claims will be forever barred. Claims must be presented to Randall Kowalski or Kelly Kowalski, the co-personal representatives of the estate, at his below addresses, or to their attorney, Lawrence P. Kropp, or filed with the Clerk of District Court at the following address: 309 2nd St SE, Lamoure, ND 58458.

Dated this 3rd day of December, 2025

Randall Kowalski 19735 Canary Path Farmington, MN 55024 (701) 360-1184 Kelly Kowalski PO Box 37 Forest River, ND 58233 (701) 741-7897 KROPP LAW OFFICES, PC Lawrence P. Kropp, ND ID 105 Tenth Street SE Jamestown, ND 58401 Phone: (701) 252-5505 Publish Dec. 24, 31, 2025, & Jan.

STATE OF NORTH DAKOTA PUBLIC SERVICE COMMISSION

Otter ıaıı Power Company/Montana-Dakota Utilities Co. Case No. PU-25-236 345kV JETx Transmission Line

Siting Application NOTICE OF TECHNICAL HEAR-

On August 8, 2025, Otter Tail Power Company (OTP) and Montana-Dakota Utilities Co. (MDU) filed joint applications for a certificate of corridor compatibility and for a route permit concerning approximately 92 miles of double circuit capable 345 kV electric transmission facility and associated facilities in Dickey, LaMoure and Stutsman Counties, North

The Commission has determined that two technical hearings will be held and scheduled as fol-

January 8, 2026, at 8:30 a.m. Central Time at the Brynhild Haugland Room, State Capitol, Ground Floor, 600 East Boulevard Ave, Bismarck, ND 58505.

January 9, 2026, at 8:30 a.m. Central Time at the Pioneer Room, State Capitol Judicial Wing, Ground Floor, 600 East Boulevard Ave, Bismarck, ND

The issues to be considered in this proceeding are:

Will construction, operation, and maintenance of the facility at the proposed location produce minimal adverse effects on the environment and upon the welfare of the citizens of North Dakota?

2. Is the proposed facility compatible with environmental preservation and the efficient use of resources?

3. Will construction, operations, and maintenance of the facility at the proposed location minimize adverse human and environmental impact while

ensuring continuing system reliability and integrity and ensuring that energy needs are met and fulfilled in an orderly and timely fash-

The technical hearings will permit the parties to present evidence, examine witnesses, and cross-examine witnesses. Due to time restrictions and the limited scope of this technical hearing, there will likely be no opportunity for public input during the technical hearings. Members of the public wishing to provide public input are encouraged to attend one of the public hearing dates listed in the Notice of Filing and Notice of Public Hearings already issued by the Commission for this matter.

For more information contact the Public Service Commission. State Capitol, Bismarck, North Dakota 58505, 701-328-2400; or Relay North Dakota, 1-800-366-6888 TTY. If you require any auxiliary aids or services, such as readers, signers, or Braille materials, please notify the Commission at least 24 hours in

Issued: November 19, 2025 PUBLIC SERVICE COMMISSION Sheri Haugen-Hoffart, Commissioner Randy Christmann, Chair Jill Kringstad, Commissioner Publish Dec. 31, 2025

Delvin J. Losing Attorney ID# 05697 OHNSTAD TWICHELL, P.C. 746 Front Street PO Box 308 Casselton, ND 58012 (701) 347-4652 dlosing@ohnstadlaw.com Attorney for Personal Representative Court File No. 23-2025-PR-00013 IN THE DISTRICT COURT OF LAMOURE COUNTY, STATE OF NORTH DAKOTA In the Matter of the Estate of

Richard R. Musland, Deceased **NOTICE TO CREDI-TORS**

¶1. NOTICE IS HEREBY GIVEN that the undersigned has been appointed Personal Representative of the above estate. All persons having claims against the said deceased are required to present their claims within three months after the date of the first publication of this notice or said claims will be forever barred. Claims must either be presented to the attorney listed above, to Heartland Trust Company Personal Representative of the Estate at 1202 27th Street S, Fargo, ND 58103, or filed with the Court, Dated this 19 th day of December,

HEARTLAND TRUST COMPANY By: /s/ Jon Benson Jon Benson, Vice President/Trust Officer

Personal Representative of the Estate of Richard R. Musland, deceased 1202 27th Street S

Fargo, ND 58103 Publish December 31, 2025, January 7 & 14, 2026





Take special precautions against cross-contamination when cooking for people with allergies and intolerances — just like how you would when handling raw meat. (Pixabay photo)

Food allergies and gluten safety — What every cook should know

the basement pantry," I said to my husband.

Since one of our family members has celiac disease, food storage and preparation are special safety considerations.

My husband has been a grain miller in the food industry, and I have a cereal chemistry doctorate. We are fans of grains. However, loose flour can easily spread through the kitchen and contaminate food

Celiac disease is not an "allergy" to gluten, a complex group of proteins found in wheat, barley and rye. This autoimmune disorder can greatly harm the intestinal tract because the body mistakenly recognizes the protein as an invader, triggering inflammation and internal damage.

Technically, "gluten" is the elastic protein mixture formed when bread is kneaded. It includes several proteins - most notably glutenin and gliadin.

Managing celiac disease requires lifelong avoidance of any foods with these particular proteins.

Fortunately, when you see 'gluten-free" on the label, you can trust it. "Gluten-free" labeling is voluntary, but strict limits for using the claim

When I prepare food for our family, I take special precautions to avoid cross-contact with gluten-containing ingredients, just as I avoid

"Let's move the flour to spreading chicken juice around the kitchen. Utensils, bowls and equipment must be carefully cleaned.

> How common are food allergies and celiac disease? The information is courtesy of the Food Allergy Research and Education organization the Celiac Disease Foundation.

If 100 adults were gathered, about 10 would have a food allergy.

If 100 children were gathered, about 13 would have a food allergy.

If 100 people were gathered, one would have celiac disease.

Allergies to more than 170 foods have been reported. Allergic reactions were estimated to cost the U.S. \$33 billion in 2024.

If you are planning a gathering, be sure to find out if any of your guests have food allergies so you can plan appropri-

ingredients are recognized on food labels as being allergenic: eggs, fish, milk, peanuts, sesame, shellfish, soy, tree nuts and wheat. They are listed right after the ingredients and noted "Contains" (followed by the allergen).

Companies often produce more than one type of product using the same machinery or other equipment. You may note that some products also include "Processed in a facility that also processes ...". Pay attention to that information if you are very sensitive to certain ingredients.

Allergies can be lifethreatening if the symptoms progress to anaphylaxis. For example, symptoms of a shellfish allergy may include tingling in the mouth; abdominal pain; nausea; diarrhea; vomiting; congestion; trouble breathing; wheezing; skin reactions; swelling of the face, lips, tongue, throat, ears or hands; dizziness; or fainting.

If you are preparing food for people with any type of allergy, avoid cross-contamination by using separate serving utensils. Be sure to label your menu items, or place the food package nearby.

See more allergen information from North Dakota State University Extension at www.ag.ndsu.edu/food (click

Natalie Thompson - Benedictine LaMoure Cont. from Pg. 1

and underserved. Her goal is to keep growing and learning. "I want to continue to improve my skills and gain new ones," she said. "Every day is an opportunity to learn something new."

When asked about her favorite memories, Natalie found it hard to choose just one. "It's too difficult to pick one specific memory," she admitted. "Every day brings so many. There are difficult days and losses, but knowing you were there for the resident and their family, and did your absolute best to bring them comfort and joy — that's so precious."



Natalie with friend. Andrew Dirk

For anyone considering a career at Benedictine LaMoure, Natalie's encouragement is heartfelt: "It's a wonderful place to work! The staff and residents make the job enjoyable and meaningful every day. I love the conversations, seeing the smiles, and hearing the laughter."

When she's not at work, Natalie enjoys spending time with her loved ones and is a self-proclaimed animal lover — just as much as she is a people lover.



Natalie with her Grandma Deb, Aunt Sarah, and Mom, Jill.

on "Food Safety").

Here's a wheat-free recipe, but it could not be consumed by someone with an allergy to peanuts. Honey-Peanut Cereal Bars (Wheat-free) ½ cup granulated sugar

½ cup honey ½ cup peanut butter 3 cups wheat-free cereal (Cheerios, Rice Chex, etc.) ½ cup salted peanuts

In a 3-quart saucepan over medium heat, heat sugar and honey just to a boil, stirring occasionally. Remove from heat. Stir in peanut butter until smooth. Stir in cereal and peanuts until evenly coated. Press evenly in a 9-by-9-inch buttered pan, using the buttered back of a spoon. Cool 1 hour. Cut into 4 rows by 3

Makes 12 servings. Each serving has 180 calories, 9 grams (g) fat, 5 g protein, 25 g carbohydrate, 1 g fiber and 130 milligrams sodium.

KULM CITY COUNCIL AGENDA JANUARY 12TH, 2026 Kulm Community Center 6:30 P.M.

AGENDA Public Comment Approval of Minutes: Minutes from December 8th, 2025 Regular Meeting Petitions

Designate Depositories of Public Funds Public Works Supervisor: - Victor Gackle City Attorney:

-Kim Radermacher Claims Approval Adjournment

Next meeting will be held on Monday February 9th, 2026 at 6:30pm at the Kulm **Community Center**

Fredonia City **Council Minutes**

November 9, 2025 Mayor Patrick Kracke called the regular meeting to order at 1:00

Roll call: Mayor Patrick Kracke present, Alderman Terry Rossman and Tim Wittmayer present, City Auditor Patty Weispfenning.

Minutes were read from previous meeting, a motion was made to accept the minutes as read by Rossman and second by Wittmayer, both voted yes, motion

Treasurer's report was given, a motion was made to accept the treasurer's report by Rossman and second by Wittmayer, both voted yes, motion carried. Rossman made a motion to pay all bills, second by Wittmayer, both voted ves, motion carried.

Bills presented: MDU - street light, campground & Cafe - \$509.35 CB Accounting LLC - payroll & WSI - \$110.00

LaMoure County Chronicle - Sept. minutes - \$31.08 North Dakota League of Cities -City Dues for 2026 - \$248.00

Patty Weispfenning - City Auditor -\$500.00 Gahner Sanitation Service - Oct. Garbage & Rolloff Box

\$1,152.93 Martin Lutheran Church \$1,000.00 Nazareth Congregational Church

- \$1,000.00. American Legion Post #260 - Wall

of Honor - \$2,000.00. Old Business - None New Business: Terry Rossman

made a motion to give \$1,000 to Martin Lutheran Church and Nazareth Congregational Church, \$2,000 to American Legion Post #260 Wall of Honor, second by Tim Wittmayer, both voted yes, motion carried.

No further business. Rossman made a motion to adjourn the meeting and second by Wittmayer, both voted yes, motion carried. Mayor Pat Kracke Patty Weispenning Fredonia, ND

ABBREVIATED NOTICE OF INTENT TO AMEND ADMINISTRATIVE RULES RELATING TO SALARY ADMINISTRATION PROCEDURES. RECRUITMENT AND SELECTION, ANNUAL LEAVE, SICK LEAVE, **FUNERAL LEAVE AND HONOR GUARD LEAVE. SERVICE AWARD** PROGRAM, APPEALS OF EMPLOYER ACTIONS, APPEALS OF **DISCRIMINATION OR REPRISAL, AND SHARED LEAVE**

TAKE NOTICE that the North Dakota Office of Management and Budget, Human Resource Management Services (HRMS), in cooperation with the State Personnel Board, will hold a public hearing to address proposed amendments to N.D. Admin. Code chapters 4-07-02, 4-07-05, 4-07-12, 4-07-13, 4-07-14, 4-07-18, 4-07-20.1, 4-07-20.2, and 4-07-37 at 11:00 a.m. on Monday, February 9, 2026, in the Red River Room of the North Dakota State Capitol, 600 E Boulevard Ave, Bismarck, ND 58505.

The proposed amendments are not expected to have an impact on the regulated community in excess of \$50,000.

A copy of the proposed rules may be obtained by writing the Office of Management and Budget, Human Resource Management Services (HRMS), 600 East Boulevard Avenue, Dept. 113, Bismarck ND 58505, or online

https://www.omb.nd.gov/news/public-hearing-address-proposedamendment-nd-admin-code-article-4-07. A copy of the proposed amendments may be requested by writing the above address, e-mailing HRMS@nd.gov, or calling (701) 328-3293. Written or oral comments on the proposed rules sent to the above address, email or telephone number and received by February 19, 2026, will be fully considered.

If you plan to attend the public hearing and will need special facilities or assistance relating to a disability, please contact the Office of Management and Budget at the above telephone number or email at least seven days prior to the public hearing.

Dated this 23rd day of December 2025.

Chief People Officer, Human Resource Management Services