

Dakota Attitude

Ione (Larsen) Carlson

Interview: June 16, 2011 County: Bowman City: Rhame

Prayer in School

Ione has lived in Rhame since 1947, and told about her creativity as a child. “I made [toy] houses out of cardboard boxes. I even tried to train chicks. But you don’t train chicks. So then I went to try training mice. I built a house [with rooms] and put a mouse in it. It wasn’t a pet, it was a wild mouse. Because he wouldn’t stay anyplace. Then finally he got away.”



Ione says. “You had to make your own excitement. I didn’t go to town.” When asked how far she lived from town, Ione applies western North Dakota standards to describe the distance. “Not too far,” she says. “I think it was 14 miles.

“I wanted to be a cook because in the summertime, the first thing I did was make mud pies. I made a lot of mud pies by myself. I decorated them with wildflowers. I remember the gallon and half-gallon pails. I would make mud pies in those. They were never very thick. I had an awful time decorating them with flowers. The flowers were too heavy. I had to wait until they got kind of hard.”

Ione recalled attending rural school. “In my first, second, and third year, we had a teacher who was pretty religious. She read out of the Bible every morning. We always prayed. Every morning. That only lasted for about three years.”

Asked if they ever have a bad blizzard in the area, her reply is, “Good night, what a question. You ought to stick around!”

Lori, at the local café, describes Ione’s character, “Ione is just the sweetest person you will ever meet. Very considerate. Very easy going. Never has a bad word to say about anybody. She wants us to put her roll on a napkin because she doesn’t want us to do the dishes. That is just the type of person she is.”

Ione says, “I know everyone in town. There is nobody older than me. Alvina Hanson [born eight days later] is the same age [90] and born the same month, but I’m older. I know that. I know that.”

(Editor’s Note: The following profiles of North Dakota residents were collected by author James Puppe between 2004-2018, covering 617 subjects and 113,000 miles. He has given permission for his book to be serialized in North Dakota Newspapers at no charge. To find out how you can read the entire collection of Dakota Attitude profiles go to dakotaattitude.com.)

Glen Ullin Angel Tree Program

The Glen Ullin School, Glen Ullin Family Medical Clinic, the Morton County Sheriff Department and anonymous donors are partnering to spread some extra cheer this holiday season through the Angel Tree Program.

If your family could use a little help providing gifts for your children this year, we invite you to confidentially sign up to be included. Likewise, if you’d like to make a difference, you’ll soon have the opportunity to select an “angel tag” and purchase a gift for a local child.

Important Dates:

- Family Sign-Up Deadline: November 24, 2025
- Angel Tree Available for Selection: November 21, 2025
- Gift Drop-Off Deadline: December 17, 2025

All information shared will remain confidential. Our goal is simply to help our Glen Ullin families have a joyful holiday season.

To sign up, please contact Cami Krueger at counselor@glenullinbearcats.org, call # 701-348-3590, or complete the form attached and return it to the school.

Cami Krueger, School Counselor, Glen Ullin Public School

In partnership with Glen Ullin Family Medical Clinic, Morton County Sheriff Department and anonymous donors.

Just Joyce

Hello Readers,

The weather hasn’t been so bad. Windy on and off of course...typical. I’ve been getting ready for Robynne her husband Jerry and Austyn to come in on Friday. So, I’ve been cleaning, throwing stuff away and a little painting. Still not done! One thing I have realized...this house gets bigger and bigger the older I get. Lol! What’s the difference between a turkey and a chicken? Chickens celebrate Thanksgiving!

When cleaning your toilet bowl with drop in cleaners or liquid cleaners, make sure you never mix cleaners and always use a toilet brush or wear gloves to scrub out the bowl. If it is a strong cleaner, make sure you ventilate the room.

RIP Bob. You will be greatly missed.

Hey Cuz Carleen, love you.

Hey Don and Brenda, love you too.

School Board

Continued from front page.

The budget is being worked on to be more sufficient and condensed.

The audits by Point CPA continues working on the 2021-2022 audit.

The business managers report included:all signatures have been changed and brought up to date on safety deposit box at bank and titles to all vehicles. Schumacher had been working on bank reconciliations with Kim Dressler and has completed the first one on her own. It was recommended and approved that Schumacher attend the end of year workshop for SUI on November 25, in Bismarck.

There is a Negotiations Seminar on February 5 and 6, if any board members are interested in attending.

The principal report by Todd Hetler included: the Resource Office Scott Austin has been presenting on safety guidelines. The high school is discussing guidelines for honor toll. The Dakota Zoo had presented lyceum about various animals in our area and brought a few, such as turtles, ferrets and a snake, to the presentation. They also talked about proper conservation, care for animals and making sure the assignments in classes are authentic and tied to the standards needed.

The athletic director, Amora Wheeler, report included:

- elementary boys basketball is winding down with 21 athletes in grades 4 to 6. Justin Wehri and Stephanie Heck are the coaches;
- the junior high girls basketball program is underway with Dean Rolle as coach. There is one athlete from Glen Ullin playing: •it was noted that Bearcat Jaxson Rolle was named one of the NDHSCA Outstanding Senior Athletes for Class B Cross County and he was also named to the NDHSCA All-State Team;
- the volleyball season is over with the Bearcat volleyball team reaching the Regional tournament in Killdeer;
- Bearcats Cassidy Christensen and

Public Notice

Park Board Minutes

Glen Ullin Park Board Regular Meeting October 8, 2025

The regular meeting of the Glen Ullin Park District was called to order by President Kerry Fitterer at 7:00 pm in the Council Chambers. Present: Kenyon Opp, Adam Schantz and Jesse Wetzel. Absent: Kent Glasser. Also present: V Horst

Minutes & Financial Report: Moved by Kenyon, seconded by Adam to approve the minutes of the regular meeting on September 10, 2025, the September financial report and pay the October bills. Motion carried unanimously.

Dakota Awards Inc	1,107.50
Farmers Union Oil Company ..	891.53
Glasser Excavating Inc.....	3,446.00
Glen Ullin Ambulance	892.50
Glen Ullin Times	48.00
KC Custom Air	250.00
Kevin Dziuk.....	70.00
Kitzan Septic Service.....	800.00
Lince Sanitation	645.00
Marshall Lumber	37.62
Montana Dakota Utilities.....	774.89
Napa Auto Parts	1.32
Anthony Schirado	450.00
Montana Dakota Utilities.....	42.56
Montana Dakota Utilities.....	49.53
Montana Dakota Utilities.....	1,164.76
West River Telecommunications	85.10
USPS	78.00
Montana Dakota Utilities.....	48.96
Wages, Payroll Taxes	2,735.45

Updates and discussion on the baseball scoreboard and tractor that needs repairs.

Will take the tractor to Dickinson to a repair shop. Also discussed possible options for money being held until next spring.

Adjourn: There being no further business, a motion was made by Kenyon, seconded by Jesse to adjourn the meeting. Motion carried unanimously.

Calendar:

November 12, 2025 Regular October Meeting

President, Kerry Fitterer

Clerk, Vicki Horst

Addison Wehri were named to the All District 7 Team and Christensen also was named the Senior Athlete of the Year in District 7; •the following coaching positions are still open, junior varsity boys coach, varsity boys coach and a track coach.

Counselor Cami Krueger report include: parent teacher conferences went well, the sensory room has begun with trying to get into a routine, policy and procedure, and data for students needing support, and have been going through 9-12 transcripts and graduation requirements for Choice Ready and DPI compliance.

The Color Fund Balance Worksheet report was gone over with Mr. Bratrud leading. He said ‘we are on track with our budget’.

The superintendent and business manager evaluation from all board members and complied by board president Feser was given and both were approved with an adHoc committee to go over reviews/ comments in business manager evaluation. They will bring any recommendations back to the board.

The school board approved moving money from savings to a special rate account at DCB.

The next regular scheduled meeting of the Glen Ullin School Board will be held on December 10 at 7:00pm.



Pastor Tony Sifuentes

Bethel Assembly of God Church,

Glen Ullin

Stand in Truth and Righteousness Ephesians 6:14

Truth and righteousness are not optional accessories for the Christian life—they are core defenses that guard our identity, integrity, and direction.

When the enemy attacks, he goes straight for the heart and the mind, so we must be grounded in the truth of God’s Word and covered in the righteousness of Christ.

Standing firm means living in honesty, wholeness, and holiness, not just knowing what’s right, but walking in it daily.

Last week, we talked about the foundation of our strength—not our persistence, not our determination, but the strength that comes from God alone. Paul said, “Be strong in the Lord and in His mighty power.” And we were reminded that standing firm doesn’t start with striving—it starts with surrender. But here’s the thing: even when we stand in God’s strength, we still need protection. Why? Because the battle isn’t imaginary — it’s real and our enemy is strategic.

He’s not just trying to knock you down—he’s trying to break you from the inside out. He goes for the core: your heart and your mind.

That’s why Paul doesn’t start the armor of God with the sword or the shield—he starts with what protects the center of who we are.

Today, we’re looking at the belt of truth and the breastplate of righteousness—not just as symbols, but as daily essentials. These are not extras for the Christian life. They are what hold you together and guard you when the pressure hits. Because when the lies come—and they will—you need to be anchored. And when temptation knocks—you need your heart covered.

So today, we ask: What’s holding you together? And what’s guarding your heart?

I. Stand Firm with the Belt of Truth. When Paul begins listing the armor of God, he doesn’t start with the most impressive or noticeable piece. He starts with something foundational and often overlooked:

The belt. “Stand firm then, with the belt of truth buckled around your waist...” Ephesians 6:14a

Why start there? In Roman armor, the belt wasn’t decorative, it was functional. It held the tunic in place so the soldier wouldn’t trip. It supported the breastplate. It provided the sheath for the sword. Everything else was anchored to it. Without the belt, a soldier was vulnerable, disorganized, and ineffective. The belt was the starting point.

In the same way, truth is what holds your spiritual life together. Without the truth of God, you’re left stumbling, unprepared, and wide open to deception. “Sanctify them by the truth; your word is truth.” —John 17:17. “Then you will know the truth, and the truth will set you free.” —John 8:32

But truth is under attack in our world. We’re pressured to follow feelings over facts, desires over doctrine, culture over Christ. But God’s truth isn’t subjective or situational—it’s eternal and unchanging.

II. Protect Your Heart with the Breastplate of Righteousness. Paul now turns our attention to the chest, the area that protects the heart and vital organs. In battle, no soldier would go out without a breastplate. Without it, a single strike could be fatal. Spiritually speaking, the heart is just as vulnerable. That’s why Paul says we need to wear the breastplate of righteousness.

Not our talent. Not our achievements. Not our performance. Righteousness is our defense. Righteousness protects our vital organs. But what kind of righteousness? Scripture shows us there are two kinds that work together: 1. Imputed Righteousness — This is the righteousness of Christ, credited to us at salvation. It’s not earned; it’s received. “God made him who had no sin to be sin for us, so that in him we might become the righteousness of God.” —2 Corinthians 5:21

This means your protection doesn’t come from your own goodness—it comes from Christ’s goodness, given freely to you. You are covered in His righteousness like a bulletproof vest.

2. Practical Righteousness —This is our daily obedience, our response to grace. It’s choosing what’s right, walking in integrity, and resisting compromise. “Whoever claims to live in him must live as Jesus did.” —1 John 2:6. Righteousness is not about being perfect—it’s about being aligned. Aligned with God’s Word. Aligned with God’s heart. Aligned with God’s Spirit. When you’re aligned, you’re protected. And when you’re protected, you can stand—no matter what pressure comes. Solomon tells us to guard our hearts that will keep us on the right path.

Put boundaries on your desires: Don’t go after everything you see. Look straight ahead, keep your eyes fixed on your goal, and don’t get sidetracked on detours that lead to sin.

III. Truth and Righteousness Work Together. Truth and righteousness aren’t just separate pieces of armor—they are deeply connected and mutually reinforcing. You can’t have one without the other. You might be wondering; Why does that matter? Because what you believe always shapes how you live. When your beliefs are rooted in lies, your life will start to reflect those lies.

But when your beliefs are anchored in God’s truth, your actions begin to align with His will. Paul writes in Romans 12:2, “Do not conform to the pattern of this world, but be transformed by the renewing of your mind.”

Transformation starts in the mind—with truth. When you renew your mind with God’s Word, you begin to discern His will and walk in it. This is the power of wearing both the belt of truth and the breastplate of righteousness. This is the power of wearing both the belt of truth and the breastplate of righteousness.

- The belt of truth shapes what you believe.
- The breastplate of righteousness shapes how you live.

And when those two are working together, your life becomes both anchored and guarded.

But the enemy knows this. That’s why he always attacks both truth and righteousness. • He whispers lies to twist what’s true. • He entices you with compromise to corrode your integrity.

This is his strategy: Twist the truth to weaken your convictions. Tempt your righteousness to fracture your witness. But God gives us armor for a reason. He wants us to stand daily—not just once.

Paul says in Ephesians 4:14, “Then we will no longer be infants, tossed back and forth by the waves, and blown here and there by every wind of teaching...”

God’s truth gives us stability, and righteousness gives us strength.

When we stand on the truth of God’s Word and walk in the righteousness of Christ, we become immovable—even when the culture shifts and the battle rages.

So don’t just strap on truth and righteousness for Sunday—wear them on Monday, Tuesday, and every other day. They’re not just protection. They’re formation. They shape you into the kind of person who can stand firm, no matter what comes.

What Are You Wearing at the Core? Let’s come back to the center of it all. In a world full of pressure, lies, and spiritual conflict, the question isn’t if the battle will come—it’s when. And when it does, what will be holding you together?

What’s protecting your heart? We’ve seen today that standing firm in spiritual warfare starts with what we put on at the core: The belt of truth wraps around us and gives shape to our lives. It holds everything else together.

When you’re grounded in the truth of God’s Word—who He is, what He’s done, who you are in Him—you are not easily shaken by the lies of the enemy or the drift of culture. The breastplate of righteousness guards your heart—your desires, your identity, your affections.

So, how are you preparing? Are you strapping on truth each morning, or are you wrapping yourself in the ever-changing narratives of this world? Are you walking in righteousness, or just trying to look the part from a distance?

Have a blessed week! Pastor Tony Sifuentes



Turkey BINGO

Sunday, November 23rd, 2025

Free will brunch from 11:30am-1:00pm

Bingo starts at 1:00pm

Sacred Heart Parish Center in Glen Ullin, ND

Light refreshments will be served during Bingo.

Win turkeys and other elements of the Thanksgiving meal!

Family Time!

Food!

Fun For All!

Sponsored by the Youth of Sacred Heart Parish

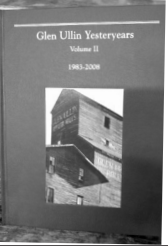


What a Great Christmas gift this would make!



The Glen Ullin Historical Society
- Archives Committee -
has for sale Glen Ullin
Yesteryear Volume II (1983-2008) \$25.
Yesteryear Volume I (1883-1983) \$40.

If you would like to order one
please contact Nancy Bittner
348-3325 or Dennis or Ava Hintz,
Bev Paluh.





New Rules?



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