

## Legion Baseball Names Jeremy Samdahl Commissioner



Jeremy Samdahl

The North Dakota American Legion Athletic Committee is pleased to announce that Jeremy Samdahl has been appointed as the North Dakota American Legion Baseball Class B Commissioner.

Samdahl has been an active member of American Legion Post 147 in Park River, North Dakota, for the past eight years. He brings a strong background of leadership, service, and dedication to youth athletics to his new role.

A United States Coast Guard veteran, Samdahl served from 2000 to 2005, including deployments in support of Operation Enduring Freedom and Operation Iraqi Freedom. His commitment to service has continued beyond his military career through his long-standing involvement in baseball.

Growing up as a player himself, Samdahl has accumulated more than 17 years of coaching experience, collaborating with athletes ages 8 to 15 in North Dakota and South Carolina. His passion for the game and focus on youth development have made a lasting impact on the players and communities he has served.

The North Dakota American Legion Athletic Committee looks forward to Samdahl's leadership and contributions as he assumes his duties as Class B Commissioner.

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## ND National Guard Supporting DC Mission

Approximately 60 North Dakota Army National Guard Soldiers will support the District of Columbia National Guard under Joint Task Force-DC starting in April to help increase safety in the nation's capital.

"Safeguarding the citizens, federal workers and elected leaders in our nation's capital is a matter of national security, and we appreciate these Soldiers volunteering for this important mission," said North Dakota Gov. Kelly Armstrong. "We know they will represent our state with the skill and professionalism that military leaders everywhere have come to expect from the North Dakota National Guard."

Most Soldiers are from the 131st Military Police Battalion, which is headquartered in Bismarck.

"I am extremely proud of our Soldiers who took on this mission," said U.S. Air Force Brig. Gen. Mitch Johnson, North Dakota National Guard adjutant general. "They will assist the D.C. Metropolitan Police Department and Federal law enforcement partners. Our North Dakotans will be part of a great team with fellow Guardsmen from other states."

Starting on Aug. 11, 2025, several states activated members of their National Guards to support local and federal law enforcement in the District of Columbia. This initiative supports the President's Executive Order 14333, which declared a crime emergency in the District of Columbia.

The support is a federal mission under the command of the D.C. National Guard, which supports civilian agencies and local law enforcement to reduce crime and minimize property damage.

Their mission is expected to last three months.

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**Cavalier Chronicle Office Hours**  
**Monday - Thursday**  
 8 a.m. to 3 p.m.  
**Friday**  
 8 a.m. to Noon

## Notes From Pembina Co. Public Health

### Take Down Tobacco Day 2026

#### A National Call to Action to End Youth Nicotine Addiction

Cavalier, ND – On Wednesday, April 1, 2026, Pembina County Public Health will join forces with advocates across the country for the National Day of Action: Take Down Tobacco Day. This nationwide movement, spearheaded by the Campaign for Tobacco-Free Kids, is dedicated to empowering youth, raising awareness about the dangers of nicotine addiction, and taking bold steps to end Big Tobacco's influence in our communities.

Take Down Tobacco Day is a powerful opportunity to shine a light on the tactics Big Tobacco uses to target young people and vulnerable populations. From flashy packaging to flavored products, the tobacco industry continues to gamble with people's lives for profit. But together, we can expose their harmful practices and advocate for a healthier, tobacco-free future.

Every year, nearly half a million Americans and more than 1,000 North Dakotans lose their lives to commercial tobacco-related illnesses, and countless others are affected by nicotine addiction. Youth are especially vulnerable, with e-cigarettes and flavored products acting as gateways to lifelong addiction.

The most recent data from North Dakota's Tobacco Prevention and Control Program for High School students shows:

- 5.4% currently smoke
- 18.2% use vape devices
- 3.4% use smokeless tobacco
- 4.2% use cigars
- For those in Middle School:
- 2.6% currently smoke
- 7.6% use vape devices
- 1.2% use smokeless tobacco
- 1.1% use cigars

"Quitting commercial tobacco is a win for your health, your wallet, and your future. This Take Down Tobacco Day, we stand together to promote the benefits of a tobacco-free life—because better health, more energy, and financial freedom are worth fighting for," said Sara Carter from Pembina County Public Health.

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## Notice Of Filing Deadline

### Valley-Edinburg School Board Election

Notice is hereby given that the deadline for filing to have a candidate's name printed on the ballot for the Valley-Edinburg school board election is:

**Monday, April 6th 2026 at 4:00p.m.**

The following offices are up for election:

- Jackson Hall (3 year term)
- Joe Gullickson (3 year term)

\*All positions are at-large positions - anyone residing within the Valley-Edinburg School district is eligible to run for these open positions.

All forms are available on our district website on the school board page or by contacting Anyssa Hunter, Business Manager.

Email: Anyssa.Hunter@valley-edinburg12.com Phone: 701-894-6226

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## Fun Fact

The painting "Salvator Mundi," done by Leonardo da Vinci, fetched **\$450 million**, the highest ever paid for art, at a Christie's auction in 2017. It was acquired by an anonymous buyer on behalf of the Saudi Prince Al Saud. The painting now falls under the stewardship of the Saudi Arabian Ministry of Culture.

Source: iyc.com

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## Wanted: Candidates For ND Higher Ed Board

State School Superintendent Levi Bachmeier on Monday appealed to North Dakotans to consider applying for two upcoming vacancies on the state Board of Higher Education.

The four-year terms of board members Danita Bye, of Stanley, and Chairman Kevin Black, of Minot, are ending June 30. Black is eligible for appointment to a second term. Bye is not. The North Dakota Constitution limits Board of Higher Education members to two four-year terms.

The application deadline for the two positions is 5 p.m. Central time on Friday, May 22, 2026. Applications may be emailed to the North Dakota Department of Public Instruction at [dpipa@nd.gov](mailto:dpipa@nd.gov) or sent by regular mail to the NDDPI at 600 E. Boulevard Ave., State Capitol, Dept. 201, Bismarck, ND, 58505.

The Board of Higher Education oversees the 11 colleges and universities that are part of the North Dakota University System. It has four-year universities in Fargo, Grand Forks, Minot, Mayville, Valley City and Dickinson, and two-year colleges in Williston, Bottineau, Bismarck, Wahpeton, and Devils Lake.

Candidates must complete a one-page application, and provide a resume and no more than six letters of reference. They must have lived in North Dakota for the previous five years, and they may not have been employed or paid by the North Dakota University System within the last two years.

Gov. Kelly Armstrong appoints members of the Board of Higher Education. Bachmeier, as superintendent of public instruction, is chairman of a five-member committee that screens applicants. The panel forwards a list of three suggested appointees to the governor for each opening.

The nominating committee's makeup is outlined in the North Dakota Constitution. Aside from Bachmeier, its members are North Dakota Supreme Court Chief Justice Lisa Fair McEvers; Nick Archuleta, president of North Dakota United, which represents schoolteachers and public employees; state House Speaker Robin Weisz, R-Hurdsfield; and Sen. Kyle Davison, R-Fargo, the state Senate's president pro tempore.

The individuals chosen for the seats now held by Bye and Black would begin serving July 1. They must ultimately be confirmed by the North Dakota Senate to continue as members of the board. During the 2027 Legislature, the Senate will be taking up those two appointments, as well as the appointment of Michelle Kommer, of Fargo, who was named to the board Jan. 22.

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## SENIOR NEWS LINE

by Matilda Charles

### Stopping Medicare fraud

Medicare fraud is one of the big scams that thieves love. Approximately \$60 billion per year is stolen from taxpayers through Medicare theft and fraud. Your job is to be the intermediary and foil their attempts.

Here's how:

Treat your Medicare number as though it's as valuable as a credit card or access to your checking account. Don't give the number to anyone but your doctor's office.

If anyone calls asking for your Medicare card number, hang up. If you receive a text message asking for the number, delete it.

When you get a Medicare summary statement, go over it line by line to be sure that you actually received every service.

It's true that now and then a service listed on your statement is genuine, even if it doesn't seem to be. It's possible that a coding error in the doctor's office was wrong. Get to the bottom of it by calling them and asking for the billing department to pull your file and determine whether the Medicare statement is correct or not. Ask specific questions about tests and lab work, as these are sometimes lumped together.

Sometimes, if the scammers do contact you, they'll try to get you to accept delivery of a medical device that you don't actually need in exchange for giving them your Medicare number. Don't do it.

Occasionally, too, you might be contacted with an offer to "review" your medical records to see if you need any additional services or devices or if you "need" genetic testing. Don't do it. What the scammers are looking for is your personal information and that Medicare number.

Remember: Medicare isn't going to call you or send text messages or show up at your door.

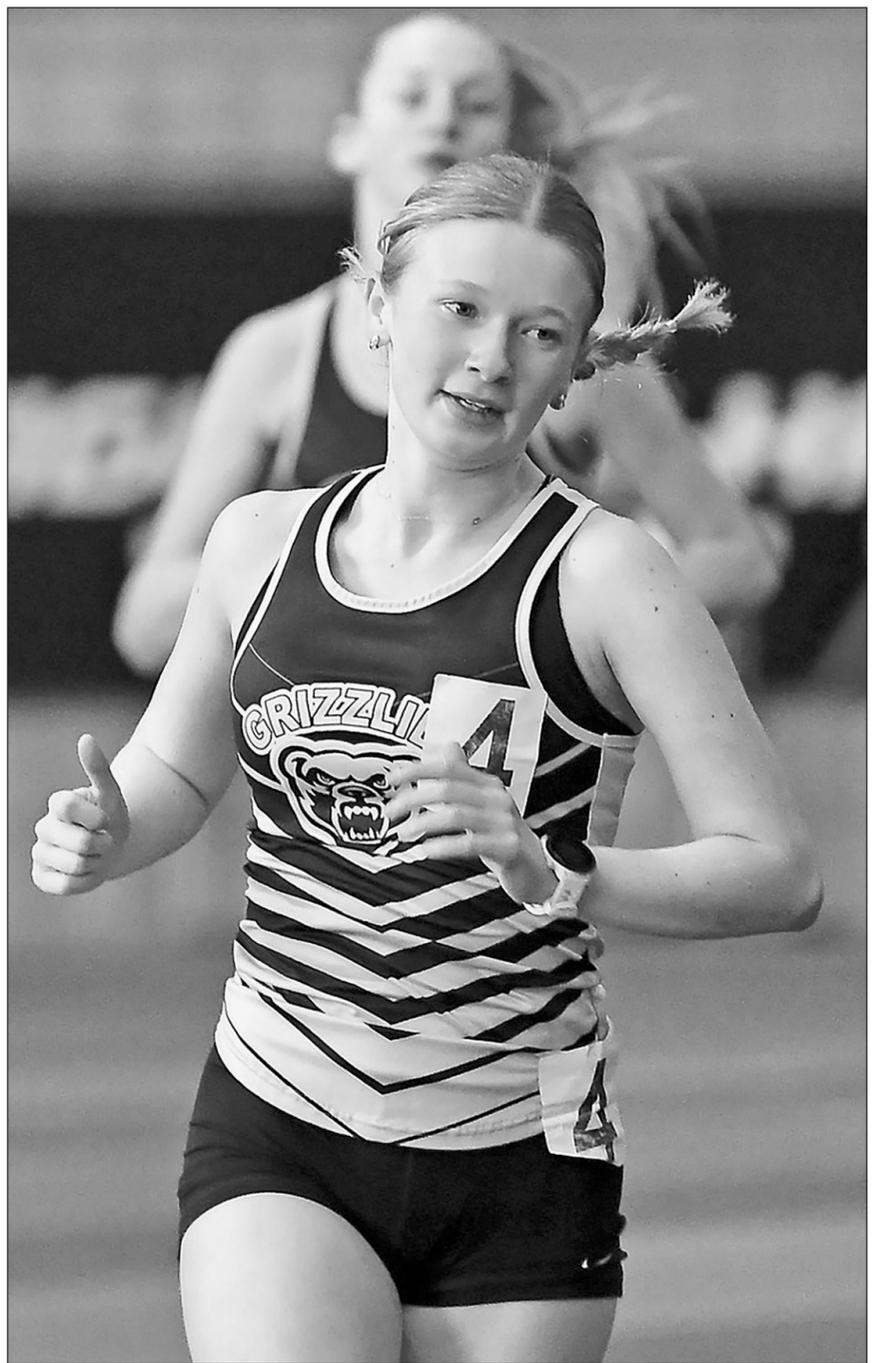
If you think someone is trying to commit Medicare fraud, report it. Call 800-MEDICARE (800-633-4227).

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The Drayton/Valley-Edinburg boys finished second behind Thompson, 125 points to 111. Pictured is Titans' Mason Pollestad who won the high jump with a jump of 6'2". The boys from Langdon Area-Munich placed third with 79 points and the Pembina County North Grizzlies won fourth place with 69 points.

Larry Biri, photographer



Emersen Helgoe of the Pembina County North Grizzlies won the 800 and 1500 meter runs last Saturday at the Pembina County Indoor Invitational. The team placed 4th overall.

Larry Biri, photographer

## FARRMS Summer Mentorship Program

The Foundation for Agricultural and Rural Resources Management and Sustainability (FARRMS) is excited to announce the return of its Summer Mentorship Program. This six-month learning experience is designed to connect beginning farmers with experienced local producers for guidance, peer support, and on-farm learning. The program runs from May to October, with applications open now until May 1, 2026. There is no cost to participate in the program. Farmers interested in applying as a mentee can learn more and submit an application online at <https://www.farrms.org/mentorship>.

Through monthly structured discussions and on-farm visits, mentors and mentees work side by side to build practical skills, strengthen farm businesses, and grow professional networks. This

hands-on format gives beginning farmers the tools to tackle real challenges - learning from experienced local producers who know the land and the region. As one past participant shared, "The most helpful part of the program was being able to reach out to someone with real-life experience in our region...it gives you confidence in building your farm and making it successful." Another noted that having a knowledgeable mentor helped them navigate problems without the process of trial and error, adding that "experience is invaluable."

During the onboarding process, mentees are paired with experienced farmers in North Dakota whose knowledge aligns with their interests, farm enterprises, and long-term goals. These mentor-mentee relationships are designed to foster open communication and meaningful

connections that often extend beyond the duration of the program. "The Summer Mentorship Program is about more than just learning production techniques," says Jake Callander, Farmer Educator at FARRMS. "It's about building relationships and creating a support network where beginning farmers can ask questions, share challenges, and learn from people who have walked the same path."

The Summer Mentorship Program is made possible through the generous support of Tito's Handmade Vodka, whose sponsorship helps us strengthen educational opportunities and peer networks for beginning farmers across the region.

FARRMS is a 501(c)(3) nonprofit providing education, peer networks, and financial support to beginning farmers and ensuring their success through business planning education, mentorship, and more. Learn more about FARRMS programming at [www.farrms.org](http://www.farrms.org).

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