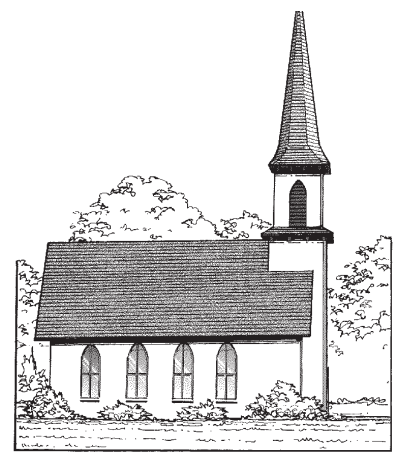


Area Church Directory



Visit the church of your choice.

SACRED HEART CATHOLIC CHURCH
203 Ash Ave. East, Glen Ullin, ND
Ph. Parish Office/Hall 348-3527
Father Gary Benz - 348-3518
www.sacredheartchurchglenullin.org
Saturday Mass:
9:00 am and 4:00 pm
Sunday Mass: 10:30 a.m.
Week Day Mass:
Thursday, 9:00 am

ASSEMBLY OF GOD CHURCH
203 F ST S Glen Ullin, ND
Church Office 348-3885
Pastor Tony Sifuentes 406-478-2349
pastorsifuentes@hotmail.com
Sunday
9:00 am Worship Service
10:30 am Sunday School
El Camino, La Verdad, Y La Vida-translation The Way, The Truth and The Life. Formally Iglesia En Español...Los domingos a las 5:00 de la tarde/ Sundays at 5:00pm Asamblea Bethel/Bethel Assembly Calle F 203 Glen Ullin, ND/203 F St Glen Ullin, ND. Pastora Martha Sifuentes 406-480-2548
Wednesday- The Connection Youth Group PowerKids
6:30-7:00 pm Supper
7:00 - 8:00pm Lesson
7:00pm A.A @ Church

FIRST BAPTIST CHURCH
Hebron, ND
Pastor David Ling - 878-4015
Sunday
10:00 a.m. Sunday School
11:00 a.m. Worship Service
Wednesday
7:00 p.m. Bible Study and Prayer Meeting

EVANGELICAL CONGREGATIONAL CHURCH
Glen Ullin, ND
Pastor Dave Skjoldal
Ph. Church: 348-3111
Sunday
9:30 a.m. Worship Service
Wednesday
7:00 p.m. Bible Study

CROSSWINDS CHURCH OF THE NAZARENE
Corner of 5th and Oak Ave.
New Salem, ND
701-843-8294
Pastor Derrick Sindt
Sunday
9:00 a.m. Church
10:00 a.m. Sunday School

ZION LUTHERAN CHURCH
Glen Ullin, ND
Rev. Toby Heller, Pastor
Sunday
8:00 a.m. Worship Service
Lutheran Hour air times:
KFYR 550 AM 7:30-8:00 a.m. CT
KHOL 1410 AM 8:30-9:00 a.m. CT
St. Matthew LC Hazen-live on KHOL 1410 AM 9:30-10:30 a.m. CT

ST. ANN'S CATHOLIC CHURCH
204 South Park Street, Hebron Church:
878-4658 Rectory: 348-3518
Rev. Gary Benz
Church E-mail: stanns@westriv.com
Father's Cell Phone: 509-9504
Father's E-mail: fgarybenz@yahoo.com
Facebook: www.facebook.com/St Ann's Catholic Church
Website: www.stannshebron.com
Weekend Mass:
Saturday: 6:30 PM CT; Sunday: 8:30 AM CT
Weekday Masses:
Tuesdays and Fridays: 9:00 AM CT
Eucharistic Adoration
Fridays: 9:30 AM to 5:30 PM CT

Dakota Attitude

Mary K. (Bonogofsky) Deichert

Interview: June 30, 2011 County: Morton City: Flasher

Click, Click, Click: Truly a Party Line

Mary Deichert, née Bonogofsky, was born March 2, 1920, near Brisbane, North Dakota. It no longer exists.

"All I knew what to do was to milk cows," Mary says. "I enjoyed it. Well, you didn't have no choice. My dad didn't have very much land, and in order to raise a large family we had to milk. We had our cream. We had our milk. Everything. We had chickens. We had pigs. We had cattle. Horses. My dad farmed with horses. I had my team just as well as my dad had his. I drilled. I plowed. I cut hay, and I did harrowing the corn. We planted the corn. When it came up, you harrowed it before you cultivated it. I did that."

Mary and Peter Deichert were married June 26, 1944, when he returned from service in Europe during World War II. Once out of the service, Peter decides not to farm. "We were harvesting on the farm," Mary remembers, "and he did not like the farm. So he jumped off the hayrack and told his brother, who was also a veteran, to take over because he was going to go to town to buy a business." He bought Pete's Standard Service in 1946, then acquired the Chevrolet franchise in 1948. Pete's Standard Service became Deichert Chevrolet. Years later, he acquired a number of auto dealerships and started Twin City Implement in Mandan. Mary says, "He was very happy with the way things went." Pete died in 2001. They had seven children.

Mary believes in miracles. "I think a miracle happened while we were over there [Rome]. They were thousands and thousands in the Basilica Square, and he [Pope John Paul II] goes to his window. He opens the window, and he gives his blessing. It [the window] opened up, and it just poured. The rain. I said, 'Oh, my God! We are going to be soaked!' We were standing there, and we looked like drowned rats or cats. And just like that...it quit."

One of Margaret's themes: if you can't get along with someone, pray for them.

Editor's Note: The following profiles of North Dakota residents were collected by author James Puppe between 2004-2018, covering 617 subjects and 113,000 miles. He has given permission for his book to be serialized in North Dakota Newspapers at no charge. To find out how you can read the entire collection of Dakota Attitude profiles go to dakotaattitude.com.)



PUBLIC NOTICE Morton County Commission Minutes MORTON COUNTY COMMISSION REGULAR MEETING June 4, 2026

The Morton County Commission Regular Meeting was called to order on June 4, 2026 at 5:32 PM by Chair Boehm at the Morton County Courthouse, 210 Second Avenue NW, Mandan, North Dakota.

Others present were Commissioners Zachmeier, Buckley, Tokach and Morrell and Auditor Rhone. Also present was States Attorney Koppy and Sheriff Kirchmeier.

Buckley moved and Morrell seconded to approve the agenda w/additions. All voting aye, motion carried.

Tokach moved and Buckley seconded to approve the minutes of the May 26, 2026 regular meeting. All voting aye, motion carried.

Buckley moved and Tokach seconded to approve bills and payroll. All voting aye, motion carried.

Morrell moved and Tokach seconded to approve abatement #7228. All voting aye, motion carried.

Tokach moved and Buckley seconded to approve abatements #7229-7230. All voting aye, motion carried.

Morrell moved and Buckley seconded to approve abatements #7231-7232. All voting aye, motion carried.

Public Comment period as required by NDCC 44-04-20.1 was opened at 5:50PM. There was no public comment and comment period was closed at 5:51PM.

The total of all county funds expended from May 27, 2026 through June 4, 2026 equals \$2,217,442.52.

A detailed list of funds expended by check is available for public inspection anytime during regular business hours at the Morton County Auditor's Office.

Chair Boehm adjourned the meeting at 5:51PM.

Nathan Boehm, Chairman, Morton County Commission
Dawn R Rhone, County Auditor



Pastor Tony Sifuentes
Bethel Assembly of God Church,
Glen Ullin

NOISE - Psalm 46:10, "Be still, and know that I am God."

Ours is a noisy world. Growing up in the country, there were certain noises you grew accustomed to. Crickets chirping at night. Birds singing in the trees. The sound of gunfire during hunting season. And at times, quiet. Beautiful quiet.

Reduce the Noise in Your Life to better hear God.

When we think of noise, we typically consider it from an auditory perspective, as in a tangible noise that assaults our eardrums. But noise occurs in other areas as well.

There is visual noise, mental noise, and emotional noise.

Yes, even spiritual noise. Anything that distracts us from what is most important in our life is noise.

Noise has a negative impact on our emotional state, our overall health, and our mental capacity.

This is in addition to the noise pollution in our physical environment.

Growing up in the country, there were certain noises you grew accustomed to.

Crickets chirping at night. Birds singing in the trees. The sound of gunfire during hunting season. And at times, quiet. Beautiful quiet.

Ours is a noisy world.

All sources of noise, in all forms, serve as a distraction and make it more difficult to hear God when he speaks.

Noise All Around Us - Life bombards us with noise.

Though we each live in different environments, with varying degrees of noise from diverse sources, life blasts us with noise.

In addition to the sounds from our environment, we all too often bombard ourselves with additional rackets.

We may do some of this without thinking, but other times it's intentional.

Many of us also try to force our minds to multitask, even though real multitasking is an illusion.

True, we can have one conscious focus, along with one subconscious input. But we can't truly focus on two things at once.

At best we merely train our minds to quickly switch back and forth between the two. This, however, doesn't produce optimum results. It's exhausting. Some say attempting to multitask even damages our brains.

With all this noise pollution around us, how can we expect to hear God when he speaks? He may be talking, but are we able to hear?

Too often, the answer is no.

Reduce the Noise - For some time, I've been working to reduce the noise—the distractions—in my life.

This has served to produce a healthier, happier, and less stressful life. It has improved my mental health and provided more opportunities to hear from God.

Here are some areas I've tackled.

News - One item I've addressed is the news. As I told friends on my email list, I've stopped listening to the news. It's negative, biased, and has an adverse effect on my mental health and overall well-being. I've now gone over one year without listening to the news on TV or radio. I do subscribe, however, to one weekly newspaper so that I'm not totally unaware of what's going on, but when it comes to news, that's it—along with whatever my family may tell me about.

Social Media - Another area is social media. The noise there is intentional and can serve as a huge time drain. Yes, I still have a presence on social media, but I don't go there often. I seldom go to a few platforms, and I visit most others only once a week for a brief check-in.

Facebook is one place I go to each weekday, but it's only once a day. I review messages in the handful of Facebook groups I'm in and see updates from family. It's intentional and brief. I schedule this Monday through Friday. It's a task to complete, which I try to do in as short a time as possible.

Smart Phone - I've seen too many people who were slaves to their phones, granting it their attention at every idle moment and having it overwhelm them with a range of

alerts. Our smart phone is for convenience, so we must place severe limits on it. Try not to have any social media apps on it, and do not connect it to your email. There is no email message that needs our immediate attention.

Few people have my number and—unless I expect a call from someone, I never answer numbers I don't recognize.

Computer - I use technology for my work, with my computer being central. Just as with my cell phone, I've turned off every alert except for reminders tied to my calendar.

I try to limit your emails. Else there's a pile of pending messages to add more noise to your life—emotional noise, not physical. Likewise, I to have only one tap open in my browser. Each window I close is one more step to reduce the noise in my life.

It's a work in progress.

Noise Reduction Goals - I've made much improvement in my effort to reduce the noise in my life—the distractions that bombard me every second of every day—so that I can better hear from God. But I have more work to do.

Podcasts

Podcasts have informative programs. Some are faith related, others are about writing and publishing, and a few benefit businesses. Sometimes you may find yourself listening to recordings when you should just turn it off and listen to God.

Smart Phone - Using a phone during an in-person interaction can affect the quality of communication. When someone checks a phone during a conversation or meeting, attention shifts away from the people who are physically present.

As a result, the interaction may feel interrupted, even if the phone use is brief.

Although phones are useful for accessing information quickly, frequent use during face-to-face conversations can reduce engagement.

Looking up information related to a discussion may seem helpful, but it can also disrupt the natural flow of conversation.

In many situations, it is more effective to remain present and return to unanswered questions later.

Television - We need to stop turning on the TV just to see what was on or to avoid doing something more worthwhile.

We must be more intentional about what to watch. For me, this is another area where I need to quiet the noise and learn to use my time more faithfully. I still have room to grow.

When I compare what I watch with Paul's standard for what should fill my mind—what is true, noble, right, pure, lovely, admirable, excellent, and praiseworthy (Philippians 4:8)—I'm reminded that I often settle for less than what is best. Instead of merely asking whether something "isn't too bad," I want to keep learning to choose entertainment that points to my thoughts in a better direction.

YouTube - Watching videos online can easily waste time, so I avoid YouTube whenever possible. One video quickly leads to another, and before I know it, I've lost thirty minutes I can't get back. I do watch some YouTube, but I try to be careful how much I watch.

Less Noise and More Hearing from God

Some may conclude that by removing these many things from your life and my life we have made it somehow less interesting, even boring.

Let me offer a counter conclusion: less is more.

I take most seriously what God says, "Be still, and know that I am God." (Psalm 46:10).

The less noise I have in my life, the better I'm able to connect with the Almighty. I have much more noise reduction to accomplish, but I'm headed in the right direction and making steady progress.

May we all reduce the noise pollution in our life and allow more time to hear from God.

We Must Remove Distractions to Hear What the Holy Spirit Says.
AMEN. Have a blessed week!
Pastor Tony Sifuentes

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