

ATTENTION CAVALIER COUNTY SOYBEAN PRODUCERS:

CAST YOUR BALLOT
NORTH DAKOTA SOYBEAN COUNCIL
ELECTION

The ND Soybean Council’s election for your County Representative will take place by mail ballot in March 2026. In March, newly elected county representatives will select a board member of the ND Soybean Council.

On or about February 17, 2026, the ND Soybean Council will mail each soybean grower of record in the county an election ballot. For your vote to count, ballots must be filed with the County Extension Agent of the above-named county. The ballot can be hand delivered or mailed to the agent. For your vote to count, the County Extension Agent must receive the ballot by March 5, 2026, or your mailed-in bal-

lot must be postmarked no later than March 5, 2026. If you do not receive a ballot in the mail, contact your Cavalier County Extension Agent at 701-256-2560 or the ND Soybean Council at 701-566-9300 to obtain one.

A producer is defined as: “any person that plants or causes to be planted a soybean crop in which the person

has an ownership interest, with intent that upon maturity, the crop will be harvested; will have met the requirements of the above stated during the next available growing season or has met these requirements during the immediately preceding growing season. The term does not include an organic producer that has been exempted from the payment of assessments in accordance with federal law.”

A nutritious, flavor-packed pasta primavera

Pasta is the foundation of many a delicious meal. When pasta is paired with nutritious ingredients, the result is a flavorful meal that won't compromise anyone's diet.

Light fare that's nutritious and filling is an ideal meal option any time of year. As people seek to eat healthy, they can consider this flavorful recipe for "Pasta Primavera With Asparagus, Peas, Leek, and Tomatoes" courtesy of Lines+Angles.

Pasta Primavera With Asparagus, Peas, Leek, and Tomatoes

Serves 6 to 8

For the pasta:
16 ounces fusilli pasta
3 tablespoons olive oil
1 small leek, thinly sliced, washed and drained
9 ounces asparagus, trimmed and halved
11 ounces frozen peas, thawed
8 ounces cherry tomatoes, quartered
Salt
Freshly ground black peppercorns

To serve:
5 tablespoons grated parmesan, for sprinkling
1 sprig thyme

1. For the pasta: Cook the fusilli in a large saucepan of salted, boiling water until al dente, about 8 to 10 minutes.
2. Meanwhile, heat the oil in a large saute pan set over medium heat until hot. Add the leek and a pinch of salt, and sweat for 5 to 6 minutes until softened.
3. Add the asparagus and peas, and cover the pan with a lid. Cook for a further 3 to 4 minutes until the green vegetables are tender to the point of a knife. Drain the fusilli, reserving 1 cup of the cooking liquid.
4. Add the fusilli to the vegetables along with the cherry tomatoes, some salt and pepper, and a splash of the reserved cooking water.
5. Cook for a further 2 minutes until the pasta looks glossy.
6. To serve: Divide between bowls, sprinkle with the parmesan and garnish with some thyme.

CITY OF LANGDON, NORTH DAKOTA STATEMENT OF RECEIPTS AND DISBURSEMENTS BY FUND TYPE FOR THE YEAR ENDED DECEMBER 31, 2025						
Fund Description	Beginning Balance	Received	Transfers In	Disbursed	Transfers Out	Ending Balance
GENERAL FUND	3,560,681.68	2,334,298.46	4,251.33	692,049.37	1,035,055.23	4,172,126.87
SPECIAL REVENUE FUNDS	1,881,437.72	1,161,922.72		672,712.38	307,655.07	2,062,992.99
CAPITAL PROJECT FUNDS	(129,242.94)	15,712,613.17			16,204,331.54	(620,961.31)
DEBT SERVICE FUNDS	1,243,848.31	862,785.08	4,957.84	180.00	509,642.15	1,601,769.08
ENTERPRISE FUNDS	2,184,914.65	1,538,137.17	37,223.45	166,312.09	1,382,008.66	2,211,954.52
AGENCY FUND	783,717.64	1,987,333.26	36.23	-	1,900,562.74	870,524.39
TOTAL REPORTING ENTITY	\$ 9,525,357.06	\$ 23,597,089.86	\$ 46,468.85	\$ 1,531,253.84	\$ 21,339,255.39	\$ 10,298,406.54

The City of Langdon 2025 Financial Statement is available for review at the Langdon City Hall Monday through Friday, 8:30 am to 4:30 pm

ATTENTION
CANOLA GROWERS

The North Dakota Oilseed Council - Canola election for Cavalier County will take place on Thursday, February 26, 2026, at 5:00 PM (CT) at the American Legion Hall, 815 2nd Street, in Langdon, ND. Election will be held in conjunction with the Cavalier County Crop Improvement Association Annual Meeting. In the event of severe weather the meeting will be held via ZOOM at <https://ndsu.zoom.us/j/91442063743>

ELECTION

Anyone who has planted Canola in 2025 or intends to plant in 2026 and is a participating producer who resides in Cavalier County is eligible and encouraged to vote.

For more information contact the North Dakota Oilseed Council at 701-328-5107.

ATTENTION
DRY PEA & LENTIL GROWERS

The North Dakota Dry Pea and Lentil Council election for Cavalier County will take place on Thursday, February 26, 2026, at 5:00 PM (CT) at the American Legion Hall, 815 2nd Street, in Langdon, ND. Election will be held in conjunction with the Cavalier County Crop Improvement Assoc

ELECTION

Any person who has not applied for a refund for at least three years, plants or causes to be planted a Dry Pea or Lentil crop in which the person has ownership interest with the intent that upon maturity the crop will be harvested is entitled to vote or can be a candidate.

For more information contact the North Dakota Dry Pea and Lentil Council at 701-355-4458.

ATTENTION
CORN GROWERS

The North Dakota Corn Utilization Council election for Cavalier County will take place on Thursday, February 26, 2026, at 5:00 PM (CT) at the American Legion Hall, 815 2nd Street, in Langdon, ND. Election will be held in conjunction with the Cavalier County Crop Improvement Association Annual Meeting. In the event of severe weather the meeting will be held via ZOOM at <https://ndsu.zoom.us/j/91442063743>

ELECTION

A Voting Producer is a person who plants, or causes to be planted a Corn crop in which the person has an ownership interest, with the intent that upon maturity the crop will be harvested in the next available or immediately preceding growing season. Producers have to reside in Cavalier County and have not requested a Corn refund during the preceding year.

For more information contact the North Dakota Corn Utilization Council at 701-566-9322.

ATTENTION
WHEAT GROWERS

The North Dakota Wheat Commission election for Cavalier County will take place on Thursday, February 26, 2026, at 5:00 PM (CT) at the American Legion Hall, 815 2nd Street, in Langdon, ND. Election will be held in conjunction with the Cavalier County Crop Improvement Association Annual Meeting. In the event of severe weather the meeting will be held via ZOOM at <https://ndsu.zoom.us/j/91442063743>

ELECTION

Persons who are residents of Cavalier County and have been actively engaged in the production of wheat are eligible to vote. A Wheat producer must be present to vote but need not be present to be elected.

For more information contact the North Dakota Wheat Commission at 701-328-5111.



ATTENTION
BARLEY GROWERS

The North Dakota Barley Council election for Cavalier County will take place on Thursday, February 26, 2026, at 5:00 PM (CT) at the American Legion Hall, 815 2nd Street, in Langdon, ND. Election will be held in conjunction with the Cavalier County Crop Improvement Association Annual Meeting. In the event of severe weather the meeting will be held via ZOOM at <https://ndsu.zoom.us/j/91442063743>

ELECTION

Each person, landlord, tenant, husband and/or wife who planted Barley in 2025 or intends to plant Barley in 2026 and who has not claimed any barley tax refund within the past year (except for duplicate payments), are eligible electors and can be candidates.

For more information contact the North Dakota Barley Council at 701-929-0123.



Pembina County& CredibleMind
Practice Promotion!

CredibleMind is the free online platform that brings together expert rated and vetted videos, podcasts, apps, online programs, books and articles all in one easy to use place.

Confidential and available 24/7, with CredibleMind you can learn new skills, understand your own mental health, take a mental health assessment and browse our library of thousands of mental wellbeing resources.



Get started today by completing the 5-4-3-2-1 Method practice and be entered to win a \$50 Gift Card!


The 5-4-3-2-1 Method is a simple grounding technique that helps calm your mind and bring your attention back to the present moment during times of stress or anxiety. By focusing on what you can see, feel, hear, smell, and taste, it helps slow racing thoughts and reconnect you with your surroundings.

Try the 5-4-3-2-1 Method practice today to reduce overwhelm, feel more grounded, and support your mental wellbeing when you need it most. All users who create an account and complete the practice by Saturday, February 28th, will be entered in a drawing to win a \$50 Gift Card.

Your Privacy Matters

Your personal information including your name, email address, and responses will not be shared with Pembina County Public Health.





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