# Marketplace

CLASSIFIED

**Marketplace rates and deadlines**

Classified ads: $8.50 for first 25 words. Every additional word 15¢
All classified ads are payable in advance.
Thank you: $5.00 per column inch.
***Deadline is Noon Monday.***

**HORSE BUYER**

HORSE BUYER at Stockmen's Livestock in Dickinson West Barn, Monday, April 13, 8:00 a.m. - 4:00 p.m. Buying all horses good, bad, ugly, or pretty! Paid on the spot. Licensed and bonded buyer. Special interest in riding horses. 612-839-9568.
3/26, 4/2, 4/9 paid

**HELP WANTED**

MCLEAN COUNTY is hiring one (1) Park Manager for the county park located near Garrison, ND. For more information, visit https://www.mcleancountynd.gov/employment/.

BADLANDS LEARNING CENTER at Home On The Range, Sentinel Butte, is looking for a full-time paraprofessional (learning coach). Hours are M-F, 8 a.m. to 4 p.m. Starting pay is $44,970 annually. Also includes top-shelf 100% paid family health insurance and dental, vision, life insurance and retirement. Applicant must be at least 21 years of age and complete a background check. To apply, or for more information, contact Jeff at 701-872-3745, ext 7122, or email him at jeffb@hotrnd.com. EOE. 4/9, 4/16

YOU CAN PLACE a 25-word classified ad—like this one—in every North Dakota newspaper for only $160. It's easy. Contact this newspaper for details.

**SERVICES**

NEED NEW WINDOWS? Drafty rooms? Chipped or damaged frames? Need outside noise reduction? New, energy efficient windows may be the answer! Call for a consultation & FREE quote today. 1-877-200-2734.

ELECTRICAL SERVICES: Reliable & experienced. Competitive rates. From simple household problems to installing a brand new electrical system, we can take care of it all! Call now and have the zip code of the service location when you call! 1-877-403-0282.

STRUGGLING with debt? If you have over $15,000 in debt we help you be debt free in as little as 24-48 months. Pay nothing to enroll. Call Now: 1-877-688-0872.

**REAL ESTATE FOR SALE**

ND FARM LAND Values surge upward. Are you selling or renting? Pifer's Auction and Farm Land Management. Bob Pifer 701.371.8538. Kevin Pifer 701.238.5810. Free evaluation.

**MISCELLANEOUS FOR SALE**

CA$H PAID FOR HIGH-END MEN'S SPORT WATCHES! Rolex, Breitling, Omega, Patek Philippe, Heuer, Daytona, GMT, Submariner and Speedmaster. These brands only! Call 1-833-641-6634.

LOOKING FOR THE most complete listing of ND Media? ND Media Guide. Call 701-223-6397, ND Newspaper Association.

**AUTOS WANTED**

HELP FIND MISSING KIDS and keep kids safe by donating your Car, Truck, Van or SUV to Find the Children. Running or not, no emission test required. Fast free pickup, 24 hr response, May Qualify for Tax Donation. Call 1-833-545-0694.

**HEALTH/MEDICAL**

IF YOU OR A LOVED ONE SUFFERED INJURY/DEATH because of a Boston Scientific PACEMAKER, you may be entitled to compensation. Call Attorney Charles Johnson 800/535-5727.

VIAGRA and CIALIS USERS! 50 Pills SPECIAL $99.00! 100% guaranteed. CALL NOW! 1-833-641-3417.

**MISCELLANEOUS**

WE BUY VINTAGE GUITARS! Looking for 1920-1980 Gibson, Martin, Fender, Gretsch, Epiphone, Guild, Mosrite, Rickenbacker, Prairie State, D'Angelico, Stromberg. And Gibson Mandolins / Banjos. 1-833-641-7066.

We Buy Houses for Cash AS-IS! No repairs. No fuss. Any condition. Easy process: Call, get cash offer and get paid. Call today for your fair cash offer: 1-701-498-1853

WATER & FIRE DAMAGE RESTORATION. Our trusted professionals will restore your home to protect your family and your home's value! Call 24/7: 1-877-936-0513 Mold Remediation services are also available!

HAVE a news release or other information that needs to reach all ND newspapers? ND Newspaper Association can help! One call does it all. 701-223-6397.

**EQUALIZATION MEETING**

**City of Reeder**
**Equalization Meeting**

Monday, April 13th
7:45 PM
Reeder Community Center Office

Custom Grain & Seed
"Your Trusted Seed Advisor"

Need Something Specific?
Call us!

Hard Red Spring Wheat
• AP Elevate • LCS Ascent
• AP Gunsmoke CL • AAC Concord
• AP Smith • Faller
• AP Iconic • ND Stampede
• CP3099A • WB9590
• CP3188 • WB9719
• CP3530 • WB9606
• CP3055 • WB9641
• SY Murdock • WB9642
• LCS Rebel • WB9645
• LCS Buster • WB4540
• LCS Cannon

Canola
Corn
Soybeans
Sunflowers
Forage/Cover Crops
Seed Treatments
Inoculants

Lentils
• Viceroy Small Green
• RichLea Medium Green

Durum
• Stronghold
• Defy
• Spitfire

Barley
• Genesis

Oats
• Jury (Common)

Flax
• Marvelous

Peas
• Orchestra
• CP5244

Forage Crops
• Lavina Forage Barley
• Baler Forage Oats

Financing Options Available

Contact Your Trusted Seed Advisor
701-256-2599

# Family caregivers provide major unseen value across ND

NDNC NORTH DAKOTA NEWS COOPERATIVE

The North Dakota News Cooperative is a new nonprofit providing real journalism about North Dakotans for North Dakotans. To support local journalism, make your charitable contribution at www.newscoopnd.org.

**By Michael Standaert**

ND News Cooperative

Every day, family caregivers provide nursing care, transport, cooking, cleaning and countless other duties for elderly parents, friends, neighbors, spouses and other loved ones across the state. The scale of that work is significant. The 82,000 family caregivers across North Dakota spend 58 million hours providing care that, if valued as work, would amount to $1.27 billion annually, a new AARP report has found.

"If we actually had to pay these folks, it'd be very costly," said Josh Askvig, North Dakota state director at AARP. The default for most people is to try to stay at home as long as they can, but this can run up against costs and/or burnout from caregivers, Askvig said.

AARP has been pushing for enhancements for family caregivers as part of the federal Rural Health Transformation Program (RHTP), which provides around $200 million in North Dakota this year, as well as increasing state and federal tax credit amounts to reduce some of the burden on caregivers.

"We're looking at what we can do to build workforces or support the 82,000 family members doing this kind of work out there already, and we'll see what comes out of that," Askvig said of the rural health transformation funding. Askvig said that families should start planning earlier for contingencies for family members that may need care in the future.

"Those are really hard and uncomfortable conversations, and they're not topics that people love to address, but it's so much easier to do it when you're removed from the stress and the emotion if you can," Askvig said.

Acts of daily service

Navigating complex situations, both emotionally and in real life, is a part of the daily routine of caregivers.

The efforts of these caregivers, often thrust into situations they hadn't planned for, are mostly unseen and underappreciated, even by themselves.

Bel Neibel of Mandan, caring for a husband Chuck who suffers from cognitive decline, rejects easy labels that can bring along with them conflicting emotions.

"I am a human being who gives care to somebody," Neibel said. "I identify myself as a woman who happens to be a wife who is giving care to somebody. I think that is really important." While assuming the duties, if not the identity, of a caregiver, Neibel said she's worked hard to develop self-care routines to deal with the stress and forestall any sense of burnout.

"I really work at being independent and by myself and going to things," she said.

Kathi Schwan, a caregiver in West Fargo, has aided siblings with medical needs including a brother who needed a kidney transplant.

"It throws you into a whole new realm of caregiving," Schwan said of the transplant situation.

## Wider needs

Schwan's position as a member of the West Fargo Planning & Zoning Committee as well as being a caregiver has given her a unique view on planning and zoning issues that impact people needing care.

One of those issues is how restrictions on short-term rental housing can impact those needing care for something like a transplant. "You have to be able to stay in Fargo for maybe 30, 60 or 90 days, depending on the situation because you've got to be close to the facility if something goes wrong," Schwan said.

One thing new caregivers struggle with is finding the resources in their area to help them provide care.

Neibel said she is not afraid to ask for help when needed and readily seeks out the abundant and often free resources and classes that are available online or in person for caregivers. One of the biggest needs she sees is adult day care options, where caregivers can safely take someone under their care for a few hours while caregivers take a break or deal with other aspects of their lives.

"I'd like to see more reasonably priced adult day care. That is a biggie to me," Neibel said. Schwan said she feels there needs to be more formal peer-to-peer networks for caregivers to share guidance, offer support and fill in knowledge gaps.

"That's the network we really probably need most of all."

## Costs of formal care rise

While many feel a sense of duty when called to be a caregiver, for others, it is often a necessity due to the skyrocketing costs of formal care.

North Dakota ranked second behind Hawaii in the growth of the cost of senior care last year, according to care assessment and planning organization CareScout. On average, a private room in a nursing home costs more than $147,000 per year, according to CareScout data.

And even for those in formal care, friends and family members have to step up to provide care, particularly in a deteriorating situation or after death.

Pat Conrad of Bismarck was thrust into a similar situation helping care for a 98-year-old member of her church congregation who was in formal care.

While she didn't need to take care of any of her friend's daily needs, the care she provided required her to become something of an investigator, lawyer, accountant, packer, and mover, all at once.

Those efforts helped the woman reconnect with family before her passing.

"I think when you go into a nursing home or assisted living facility, everybody assumes everything's taken care of and you don't need anyone looking in on you, and that's really wrong," Conrad said. "You definitely need people looking in on you."

**ADVERTISEMENT**

# FOR BIDS

**Hettinger Public School**
**209 8th Street South**
**Hettinger, North Dakota 58639**

Ubl Design Group, P.C.
Contact: Jennifer
210 South 12th Street
Bismarck, North Dakota 58504
701-751-4555
jennifer@ubldesign.com

## POTENTIAL BIDDERS

Your firm is invited to submit an offer under seal to Architect for renovation of a facility located at the above address.

**Project: Hettinger Public School - Science Lab & Office Renovation**

Project Description: This project includes the renovation of a high school science lab/ classroom and the renovation of the front entrance and administrative offices. The Prime contracts for this project will include General, Mechanical, and Electrical contracts..

Bid Documents for a Stipulated Sum contract may be obtained from the office of the Architect upon receipt of a refundable deposit, by certified check, in the amount of $50.00 for one set.

Bid documents obtained from a source other than the office of the Architect, cannot be verified or guaranteed to be complete. Regardless of where the documents are acquired, Prime Contract Bidders are strongly encouraged to directly contact the office of the Architect to ensure they are included on the Plan Holder's list and notified of any addenda. Electronic copies of bid documents are available by contacting the office of the Architect for no cost.

Pre-Bid Walk-through meeting will be held April 14, 2026, at 10:00 am MST at Hettinger Public High School.

Bids Due Date: April 22, 2026, at 1:00 pm MST at the Hettinger Public High School Administration Office, 209 8th Street S., Hettinger, ND 58639.

Bid Opening: April 22, 2026, at 1:00 pm MST at the high school's conference room, Hettinger Public School, 209 8th Street S., Hettinger, ND 58639.

Your offer will be required to be submitted under a condition of irrevocability for a period of 30 days after submission.

The Owner reserves the right to accept or reject any or all offers.

SIGNATURE
For: Hettinger Public School
By: Darin Seamands
(Authorized signing officer)

Published 4/2 - 4/16, 2026