

THOMPSONS:

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restoration. In a rural setting where specialists are miles away, the clinic must handle a wide variety of cases that would be siloed in a larger city.

Kathleen describes the process of high-stakes recovery as taking the Humpty Dumpty

of a person and putting him back together.

Watching a patient regain the ability to move freely after weeks of immobility serves as the primary driver for the expansion into the new Hettinger location.

Kathleen believes the impact of their work extends far beyond physical exercises, noting that the results often redefine a patient's quality of life. "Some of it is life-changing," she said. "You see someone who has had terrible knee pain forever, and then you work on them and they are out golfing."

Choosing to plant deep roots in Hettinger was a natural progression for the couple, who moved to the area after leaving Florida nearly 30 years ago. While Alex originally hails from

Wyoming and Kathleen from eastern North Dakota, they have found that the small-town environment perfectly suited their goal of providing personalized care. Kathleen purposely avoided a cold, clinical atmosphere for the new building, opting instead for a space that mirrors the warmth of a residence. This "homey" environment allows patients to relax after a difficult session, often staying to chat with staff who have become as much a part of their social circle as their medical team.

Because the local residents have rallied behind the practice since its inception, the open house and ribbon cutting served as a celebration of a shared journey. Kathleen noted that the support from the community has been unbelievable throughout their transition to a permanent location. "These

people are more than just patients," she said. "They are friends. Many of them are as close to family without being family. It's a privilege to see people and to help people."

Because the practice has grown to serve a wider footprint, the Thompsons have assembled a seasoned staff of eight to manage the increasing demand for care. The multidisciplinary team now includes three physical therapists, a physical

therapy assistant, and an occupational therapist, along with a recent hire specializing in massage therapy. This expansion allows the clinic to offer specialized treatments like cupping and needling. Beyond the walls of the new Hettinger location, the staff remains an essential resource for the broader region, providing critical services to a nursing home in Lemmon, S.D., and local schools in Hettinger, Scranton and Bowman.

Standing in the new space and reflecting on the years spent on the road, Alex believes the new location is a testament to the life they have built in North Dakota. For the Thompsons, the ribbon cutting is not just about a new building, but about confirming that they chose the right place to call home. "Life was flowing and working so we just stayed here," Alex said. "It helps me realize what a good deal we have."

PUBLIC Notice

NOTICE OF CANCELLATION WATER PERMIT NO. 202

TAKE NOTICE that the Department of Water Resources has initiated the cancellation process for Perfected Water Permit No. 202 for three or more years of successive non-use. The permit is held by MOOR, LISA & EUGENE, for the annual use of 150.9 acre-feet of water from Cedar Creek, tributary to the Cannonball River for Irrigation purposes. The authorized pumping rate is 600 gallons per minute. The priority date is June 22, 1936. The points of diversion are Lots 3 and 4 of Section 03 and Lot 1 and the E1/2 of Lot 2, Section 4, all within Township 132 N., Range 098 W., Adams County. The land irrigated under this permit is 25.6 acres in Lot 3, 26.0 acres in Lot 4 of Section 3, 16.3 acres in Lot 4 and 7.55 acres in the E1/2 of Lot 2 of Section 4, all within T. 132 N., R. 098 W., Adams County.

TAKE NOTICE that written comments regarding the proposed cancellation must be filed in the North Dakota Department of Water Resources, 1200 Memorial Highway, Bismarck, North Dakota 58504-5262, by 5 o'clock p.m., on the 29 day of June 2026. The Department of Water Resources shall consider all written comments received and issue a final decision which will be provided to the permitholder and any person who filed written comments.

Dated at Bismarck, North Dakota, on April 2, 2026.
/s/ John Paczkowski, P.E.
North Dakota State Engineer
1200 Memorial Highway
Bismarck, ND 58504-5262
Column 5/14, 5/21, 2026

NOTICE OF ELECTION

The Regent Rural Ambulance District board is requesting permission to raise the current maximum mill levy of ten mills by an additional five mills, effective date of Jan. 1, 2027.

The purpose of the maximum levy increase is to maintain the emergency medical services in the district.

Only one voting poll for the entire Regent Rural Ambulance District will be held at the Enchanted Castle in Regent on June 9, 2026, from 9 a.m. until 7 p.m.

WESTERN GRANT AMBULANCE DISTRICT PUBLIC MEETINGS

A CHANCE TO LEARN MORE ABOUT THE UPCOMING SPECIAL ELECTION FOR ANNEXATION OF THE NEW LEIPZIG EMS SERVICE AREA AND INCREASING THE AMBULANCE SERVICE MILL LEVY TO 15 MILLS FOR THE WESTERN GRANT AMBULANCE DISTRICT TO BE HELD ON JUNE 16TH 2026 FROM 10AM - 7PM AT THE NEW LEIPZIG EMS BUILDING.

NEW LEIPZIG COMMUNITY CENTER
WEDNESDAY
MAY 27TH
TIME: 7:00PM



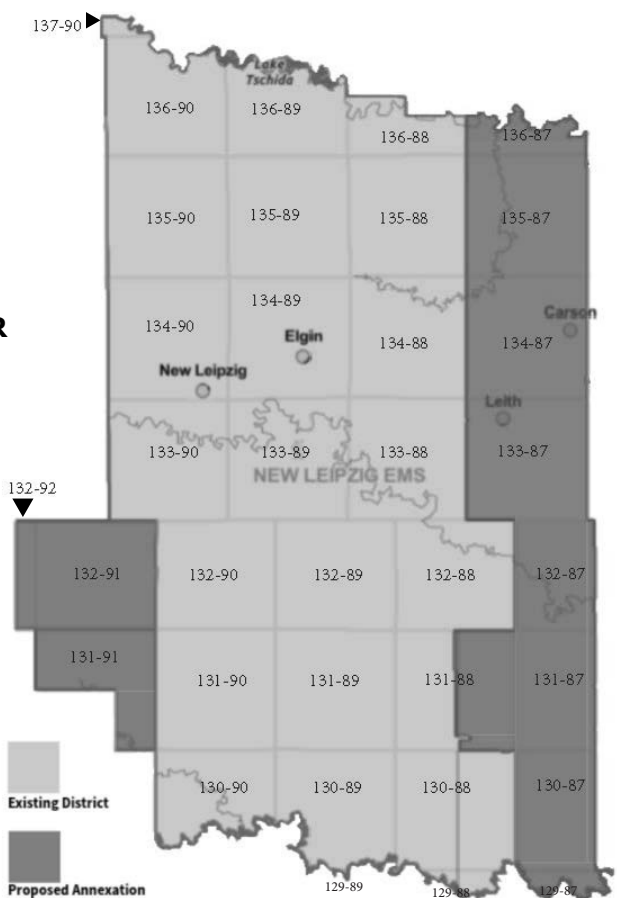
CARSON COMMUNITY CENTER
WEDNESDAY
JUNE 3RD
TIME: 7:00PM



ELGIN COMMUNITY CENTER
WEDNESDAY
JUNE 10TH
TIME: 7:00PM



FOR ALL CONCERNED CITIZENS OF THE WESTERN GRANT AMBULANCE SERVICE DISTRICT



5/21, 5/28, 6/4

Slope Cooperative awards youth scholarships

Slope Electric Cooperative fuels the future by awarding scholarships to youth within its service area.

"This initiative embodies the cooperative's unwavering commitment to community growth and celebrates the achievements of the dependents of its members," said Brooke Waltner, Manager of Member Relations. "By recognizing students' outstanding accomplishments, Slope Electric honors students' drive, resilience and passion for the future."

This year, a \$2,500 Basin Electric Power Cooperative and \$1,500 Slope Electric Scholarship were available.

This year's scholarship recipients are as follows:

Karady Evans, daughter of Chad and Kacie, from New England is the recipient of the \$2,500 Basin Electric Scholarship. Karady currently attends Black Hills State University



KINDSFATER

(BHSU) pursuing a degree in elementary education and middle school math.

While studying at BHSU, Karady is active in Turning Point USA, Lutheran Campus Ministry, Future Teachers Association and partakes in community service activities.

Casey Kindsfater, son of Kortney Kindsfater and Pamela Burch, is the recipient of the \$1,500 Slope Electric Scholarship. Casey is a senior at Hettinger Public School and plans

to attend South Dakota State of Mines and Technology in pursuit of a mechanical engineering degree.

Casey is active in football, track and field, Future Business Leaders of America, FFA and many other activities. He also works on his family's ranch and volunteers throughout the community.

"Congratulations to all who were chosen as this year's scholarship recipients as well as the class of 2026," says Waltner. "We wish you all the best in your future endeavors."

Slope Electric's invites full- and part-time students to attend their Annual Meeting for additional scholarship opportunities. At the Annual Meeting on June 4 in Amidon, three \$1,000 scholarships to full-time students and two \$500 scholarships to either full- or part-time students will be drawn.

ADAMS COUNTY RECORD YOUR COMMUNITY. YOUR NEWSPAPER.

Official Notice of Annual Meeting for the Members of Consolidated Telcom

The Annual Meeting is for Cooperative members. To be a member you must currently have active service in the Cooperative service area. Dickinson, Belfield and Gladstone customers are not in the Cooperative service area and are not Cooperative members.

June 17, 2026 at Trinity High School, Dickinson

B I N G O				
7	28	32	51	71
3	21	34	58	68
14	20	FREE	50	70
9	21	35	49	64
8	27	44	60	62

Registration 4:30 pm
Meal Served 4:30 - 5:45
Entertainment 5:15 - 5:45
- Bingo with Prizes
Call to Order 6:00 pm
- Business Meeting & Election of Directors

Door Prizes!

Consolidated
consolidatednd.com