

Selfridge News Debbie Vollmuth

Hopefully, everyone had a wonderful 4th of July celebrating our nation's 250th birthday! We are so lucky to have freedom in this country. All political opinions aside, we should be proud to have such a great country, and state!

The Selfridge Cemetery will be mowed and cleaned within the next week or so. Remember that all items will be removed from the gravesites. It is too much to ask our great volunteers to continue to lift all the items and then replace them. If you want your items, please make arrangements to get them. Or if you want the items on the gravesite, you will

need to make sure to maintain the site. If you have never helped mow and trim a cemetery, you don't realize how much work it is. Our goal is to keep the cemetery a respectful, peaceful place to remember our loved ones. Thanks for your cooperation.

Selfridge Family Fun Day is coming up on July 25! The committee has made some wonderful plans. Here is the schedule: 9:00-3:00 Egg Shoot north of town by Fred Rott Dam, sponsored by the Shields/Selfridge Sportsmen Club; 9:00-3:00 3-on-3 Basketball tournament in the park; 9:00-3:00 possible food truck (still working on

this); 9:00-2:30 yard sale at the Fire Hall; 11:00-2:30 Selfridge Skills Kids Club Lemonade/Popcorn stand; 1:00-5:00 Inflatables west of the fire hall; 3:00 Parade on Main Street; 4:00-6:00 David Kraft, Jr. Benefit dinner sponsored by the Selfridge Rural Fire District; 12:00-6:00 Silent Auction benefitting David Kraft, Jr.; 7:00 50/50 raffle benefitting David Kraft, Jr. It looks like a fun filled day, thanks to everyone involved to make it a huge success!

The Selfridge Assembly of God Church will have its monthly Food and Clothing Pantry on Wednesday, July 15 from 3-6:00. Everyone is welcome!

Willy and Lenore Mosset attended the

4th of July festivities in Mandan and Bismarck. They went to the parade in Mandan and to Art in the Park. That evening they went to "Red, White, and Boom" in Bismarck. They spent the night with Debbie Mosset & family and then went out for a nice brunch on Sunday.

Bonnie, Dave and Brent Volk went to Mobridge on Friday. They went to the parade and the rodeo. They spent the night in Mobridge then went back to the ranch on Saturday. Bonnie reported that their rain gauge showed 1.20 inches of rain on Thursday. You can almost watch the corn growing!

Happy Anniversary to Bob and Sandi Waliser.

Carson Senior Meals menu

Thur., July 9: Chicken pot pie, carrot sticks, fruit salad, whole wheat bread, milk, coffee.

Fri., July 10: Taco salad with beef, tortilla chips, fresh fruit, whole wheat bread, milk, coffee.

Mon., July 13: BBQ ribs, au gratin potatoes, cucumber salad, fresh fruit, whole wheat bread, milk, coffee.

Tues., July 14: Cabbage, hamburger hot-dish, green beans, dinner roll, fruit salad, whole wheat bread, milk, coffee.

Wed., Jul. 15: Cubed

steak, mashed potatoes with gravy, corn, watermelon, whole wheat bread, milk, coffee.

Thur., Jul. 16: Beef stroganoff with noodles, peas, mixed fruit, whole wheat bread, milk, coffee.

Fri., Jul. 17: Chicken salad sandwich, fresh vegetable salad, fresh fruit, whole wheat bread, milk, coffee.

For reservations, please contact Sandy at 701-471-3795 or Carson Meals site at 701-584-2459 by 9:00 p.m. the day prior to the meal.

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ATTENTION FLASHER CITY RESIDENTS

The Annual Drinking Water Quality Report for the year 2025 is now completed and available for you to review. This is the annual report required by the ND State Health Department to inform City residents about the quality of their drinking water. As this report will not be mailed to every household in the City, copies have been posted at businesses around town and are also available in the Auditor's Office at 106 N Main St. in Flasher.

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WEST RIVER

TRANSIT

QUARTERLY BOARD MEETING

July 16, 2026

10:00 a.m. CST - Public Board Meeting
West River Transit
3750 East Rosser Avenue, Bismarck, ND.

7/9, 7/16

Riehl Point of View Gina Riehl

I have been on vacation for a few weeks to Missouri and Oklahoma to visit family. It's a little tough to only see them once or twice a year. But we had lots of fun. The main purpose was to be able to sit and listen to Nathan preach two Sundays in Tulsa and then visit siblings, nieces, nephews, etc.

We had a wonderful Independence Day celebration with amazing fireworks.

We had an exciting event while I was gone.

Susie had her first litter of puppies! She is doing well and seems to be figuring out this momma thing quickly.

The corn here in Missouri and Oklahoma has tasseled and is quite tall. It looks alike harvest will be plentiful.

Happy birthday to Rhys Luger!

"It is for freedom that Christ has set us free. Stand firm, then, and do not let yourselves be burdened again by a yoke of slavery."

-Galatians 5:1

Shields News Arlene Bahm

Anniversary wishes to Rodney and Kathy Froelich, Selfridge, and J.W. And Alicia Froelich, Selfridge.

A cookout was held last Monday night at the Glen Bahm home. Lots of family and friends were there and enjoyed the evening.

Birthday wishes to Leonard Gerhardt, Flasher, Lee Kraft, Rodney Froelich, Selfridge, and

Lance Froelich. Cassie Magilke, Rio Scotch and Cassie's sister and family, Washington, went to visit their folks the Steve Brooks, Bowman, last week.

We got some much-needed rain.

Glen Bahm, Meggan and friend and Arlene Bahm went to the McQuade Softball Tournament last weekend in Mandan.

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ABBREVIATED NOTICE OF INTENT TO AMEND ADMINISTRATIVE RULES RELATING TO N.D.A.C. CHAPTER 75-02-13 FAMILY PAID CAREGIVER PROGRAM

TAKE NOTICE that the North Dakota Department of Health and Human Services will hold a public hearing to address proposed amendments to N.D. Admin. Code chapter 75-02-13 relating to definitions, application and eligibility, and administration at 10:30 a.m. on Wednesday, August 12, 2026, in Bismarck, N.D. in Room 210, located on the second floor of the Judicial Wing of the State Capitol. The proposed changes are effective June 29, 2026, as interim final rules under North Dakota Century Code § 28-32-03(2)(c) to avoid a delay in implementing an appropriations measure (section 2 of 2025 Senate Bill No. 2305); the rules are required for the Department of Health and Human Services to comply with the opinion and order of the Supreme Court for the State of North Dakota in *Ferderer v. North Dakota Department of Health and Human Services*, 2026 ND 81, 34 N.W.3d 168 (N.D. 2026).

Copies of the proposed rules are available for review at human service zone offices and at the state-operated behavioral health clinics. Copies of the proposed rules and the regulatory analysis relating to these rules may be requested by telephoning (701) 328-2311. Written or oral data, views, or arguments may be entered at the hearing or sent to: Rules Administrator, North Dakota Department of Health and Human Services, State Capitol - Judicial Wing, 600 E. Boulevard Ave., Dept. 325, Bismarck, ND 58505-0250. Written data, views, or arguments must be received no later than 5:00 p.m. on Monday, August 24, 2026.

ATTENTION PERSONS WITH DISABILITIES: If you plan to attend the hearing and will need special facilities or assistance relating to a disability, please contact the Department of Health and Human Services at the above telephone number or address at least two weeks prior to the hearing.

Dated this 29th day of June, 2026.

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