

Public Notice

Request for Builders

To construct a post or steel frame storage shed
 North Dakota State University
 Central Grasslands Research
 Extension Center
 North Dakota State University
 requests building contractors for
 construction services of a post or steel
 frame storage building near Streeter,
 ND.
 Interested firms may receive bid
 submittal instructions by contacting the
 NDSU Central Grasslands REC
 Director by the following methods:

Telephone: 701-424-3606
 Email: Cody.wieland@ndsu.edu
 Questions regarding the building
 plans are to be directed to the CGREC
 Manager, Cody Wieland.

Submission of bid **OPENING 1:00 pm (CT) Wednesday 4/15/2026** at the NDSU CGREC, 4824 48th Ave SE, Streeter, ND 58483

Otrovert Traits

The "otrovert" is a newly proposed personality type (coined in 2025 by Dr. Rami Kaminski) that bridges the gap between introversion and extroversion. Unlike introverts who seek solitude or extroverts who crave social energy, otroverts are socially capable but emotionally detached from group identity. They are independent thinkers who value deep, one-on-one connections over superficial socializing.

Key Characteristics of an Otrovert:

Emotional Independence: They do not rely on group affirmation and are often perceived as "outsiders".

Selective Socializing: While they can be engaging and charismatic in social settings, they often feel detached and prefer to maintain distance.

The "Observer" Persona: While outwardly friendly and engaging, they are observers rather than active participants in group dynamics.

Independence & Nonconformity: They resist peer pressure and collective opinions, often holding unique or unconventional views.

Recharge Mechanism: They thrive on independent, intellectual, and creative thought rather than traditional, quiet solitude.

Otherworldly Perspectives:

Not an Ambivert: While ambiverts hover in the middle of the spectrum, otroverts are defined by their unique, often solitary,, or "other" perspective.

Evolutionary Link: Some, like Dr. Kaminski, suggest that everyone is born as an "otrovert," as it relates to original thinking and resisting cultural conformity.

Kidder County EMS District Board

Kidder County EMS District Board Meeting will be held April 14th at 5:00pm in the KC Ambulance Hall.

IN THE DISTRICT COURT, SOUTHEAST JUDICIAL DISTRICT STATE OF NORTH DAKOTA COUNTY OF KIDDER PROBATE DIVISION Court File No. 22-2026-PR-00004 In the Matter of the Estate of Kimberly Stroh, Deceased.

NOTICE TO CREDITORS

NOTICE IS HEREBY GIVEN that the undersigned have been appointed Co-Personal Representatives of the above estate. All persons having claims against the said deceased are required to present their claims within three (3) months after the date of the first publication or mailing of this notice or said claims will be forever barred. Claims must either be presented to Tonya Jahner, Co-Personal Representative of the Estate, at 2618 8th St W, West Fargo, North Dakota 58078, and Brandon Grabinger, Co-Personal Representative of the Estate, at 1318 6th St NW, West Fargo, North Dakota 58078, or filed with the Court.

Dated this 31st day of March 2026. Tonya Jahner 2618 8th St W West Fargo, ND 58078

Dated this 31st day of March 2026. Brandon Grabinger 1318 6th St NW West Fargo, ND 58078

Michael C. Studer, ND Lic. #09649, of SERKLAND LAW FIRM 10 Roberts Street N Fargo, North Dakota 58102 Phone: (701) 232-8957 mstuder@serklandlaw.com Attorneys for: Personal Representatives

There's No Place Like Home – Home Safety Evaluations

By Jill Kruse, DO

In my role as a hospitalist, I am always happy when a patient is healthy enough to be discharged. A resounding majority of people want to go back to their home after they leave the hospital. What we do not want is an unsafe environment leading to repeat injuries resulting in a hospital readmission.



At discharge we can have members of the Home Health team perform a "Home Safety Evaluation". Physical Therapists, Occupational Therapists and sometimes Speech Therapists will evaluate a person's home for safety concerns and ensure it is set up optimally for best function. The team looks at areas where injuries typically occur. This could include the installation of grab bars in the bathroom or having a shower chair. Paying attention to slipping or falling hazards – such as throw rugs or loose stair railings. Good lighting, especially on stairs and in hallways, can help prevent tripping and falling.

Before hospital discharge Physical Therapists will evaluate how well a person can walk including their balance. If there are steps in the home, they will ensure the ability to navigate stairs is evaluated. They perform tests which can help predict who is at a higher risk for falling. The proverb may be, pride goeth before a fall, but a walker or cane could help prevent that. Unfortunately, too often pride is the reason that the walker or cane is not used in the first place. Using someone else's old walker may be a bargain, but proper walker and cane height is important. A used device may be more dangerous if not adjusted

properly and therapists can help confirm they are at the correct height.

Occupational Therapists evaluate a person's ability to perform "Activities of Daily Living". These include being able to feed, dress or bathe themselves, and using the bathroom. They have lots of assistive devices, tricks and tips to assist people if arthritis, injuries, or recent surgery prevents the person from moving like normal.

Speech Therapists are asked at times to assess a person's cognition and "safety awareness". They evaluate and determine if this person can the person recognize an emergency and get to safety or call for help. With dementia, the part of the brain responsible for logic and good decision making is no longer working. Dementia patients often make impulsive mistakes such as walking into traffic or forgetting to turn the stove off after cooking.

There is no place like home, but it needs to be a safe home. With a few tips and modifications, your home can be a safer place to live thereby keeping you there longer. We want you to "Stay healthy in there."

Dr. Jill Kruse is a hospitalist at the Brookings Health System in Brookings, SD. She serves as one of the Prairie Doc Volunteer Hosts during its 24th Season providing Health Education Based on Science, Built on Trust. Follow The Prairie Doc® at www.prairiedoc.org, Facebook, Instagram, YouTube, and Tik Tok. Prairie Doc Programming includes On Call with the Prairie Doc®, a medical Q&A show (most Thursdays at 7pm on YouTube and streaming on Facebook), 2 podcasts, and a Radio program (on SDPB, Sundays at 6am and 1pm).



LEGAL NOTICE – REQUEST FOR BIDS

The Kidder County School District is accepting sealed bids for the shingling of the Kidder County eastside addition. The project includes removal of the current shingles and installing new shingles, along with all cleanup and disposal of old shingles. The new shingles must be a "class 4" rated shingle. Please contact Superintendent Rick Diegel for additional information. Sealed bids must be received on or before April 15, 2026 and submitted to: Superintendent Rick Diegel Kidder County School District PO Box 380, 101 4th St. SE Steele, ND 58482 All work must be completed on or before August 15, 2026. The Kidder County School District reserves the right to reject any or all bids and to waive any irregularities in the bidding process. By Order of: Superintendent Rick Diegel KC School District

Valley Township Equalization Meeting

To be held at Twyla Stroh's residence on Monday, April 13th, at 7:00 pm.

Sibley Township

Tax Equalization Meeting
 Wed., April 15th at 6pm
 Dawson City Hall

Monthly Meeting
 3rd Monday of the Month
 6pm at Dawson City Hall

Steve Eberl
 Clerk/Treasurer

City of Tuttle Tax Equalization Meeting

Monday, April 13
5:00 pm
 at Tuttle Senior Center

Questions, please call
 City Auditor,
 Renae Witt
 at 701-202-0981

PUBLIC NOTICES

A public notice is information informing citizens of government activities that may affect the citizens' everyday lives. Public notices have been printed in local newspapers, the trusted sources for community information, for more than 200 years.

North Dakota newspapers also post public notices that are printed in newspapers on www.ndpublicnotices.com at no additional charge to units of government.



WORSHIP COME AS YOU ARE!

Area Church Schedules

STEELE CHURCHES:

St. Francis de Sales Catholic Church – Father Peter Sharpe, 701-475-2333. 1st, 3rd, 5th Sunday, 9:00 a.m.; 2nd and 4th Sundays, 11:00 a.m.
Trinity Lutheran Church
 Pastor Jacob DeBoer. 475-2490. Sunday Worship, 10:30 a.m.
United Methodist Church
 Don Dinger, Pastor. Sunday worship, 9:00

DAWSON CHURCHES:

Dawson Lutheran Church
 Pastor Jacob DeBoer. Worship service, 9:00 a.m. at Dawson City Hall

TAPPEN CHURCHES:

St. Paul's Catholic Church
 Father Peter Sharpe. 1st, 4th, 5th Saturday: 7:00pm; 2nd Sunday: 9:00 am; 3rd Sunday: 11:00 am
St. John's Lutheran Church (Wisconsin Synod)
 Rev. Karl DeMarce. Worship Service, 10:00 a.m.; Sunday School and Bible class, 11:00 a.m.; KSJB Radio Broadcast, 7:00 a.m.; Service on Ch. 26 BEK TV, 6:00 p.m. Sundays
Tappen Cornerstone Church
 Pastor Brenda Goodman. Worship service 9:15 a.m.; Sunday School, 10:30 a.m.

CRYSTAL SPRINGS CHURCHES:

Faith Evangelical Church
 Rev. Mike Kraemer, Pastor. Sunday School for all ages, 10:00 am.; Worship service, 11:00 am.

MEDINA CHURCHES:

St. Mary's Catholic
 Father Peter Sharpe. 2nd and 3rd Saturday, 7:00 p.m.; 4th Sunday, 9:00 a.m.; 1st and 5th Sunday, 11:00 am.
Grace Emmanuel United Church.
 Pastor Brenda Goodman. Worship service, 10:30 am.

TUTTLE CHURCHES:

English Lutheran Church
 Vice Pastor Trish DeBoer - Worship service, 11:00 am.; Communion, 3rd Sunday and Festival Days;
Tuttle Community Church
 Sunday School 10:00 am Worship Service 10:30 am .

ROBINSON CHURCHES:

Bethany Lutheran Church
 Vice Pastor Trish DeBoer - Worship Service, 9:30 am.

PETTIBONE CHURCHES:

Our Savior's Lutheran Church
 104 Main St. N. Pettibone. Pastor Robert Hill Worship Service, 2nd & 4th Sundays 11:00 am
Redeemer Lutheran Church 123 2nd Ave. NE Woodworth
 Pastor Robert Hill Worship Service 1st. & 3rd Sundays 11:00 am.

STREETER CHURCHES:

Hope Ebenezer Church
 Pastor Juwle Nagbe. Worship Service, 10:30 am., Fellowship, 9:00, Sunday School, 9:15 am.

STERLING CHURCHES:

United Methodist
 Pastor Marlin Sapp. 701-387-4792, 701-955-0005. Worship Service, 8:30 am.; Bible Study, Tuesday, 10:00, Sunday School @ 9:45